

About the SMS—An extra layer of support

The Symptom Management Service (SMS) is a consultation service focused on improving the quality of life and care of patients at UCSF's Helen Diller Family Comprehensive Cancer Center. Patients can be referred to the SMS by their cancer doctor. Patients will be seen by one or more of the members of the SMS interdisciplinary team. The SMS provides treatment and counseling for both physical and emotional symptoms caused as a result of cancer. This includes treatment for pain, fatigue, depression, anxiety and spiritual distress. Treatments for these symptoms include integrated medical, psychological, social work and spiritual approaches, offered along with your regular cancer care. All SMS care is coordinated along with your cancer treatments and with the support of your cancer doctor.

The SMS CLINIC

To reach the SMS, please call (415) 885 – SMS1 (885 – 7671).

Appointments with the SMS are scheduled Monday – Friday.

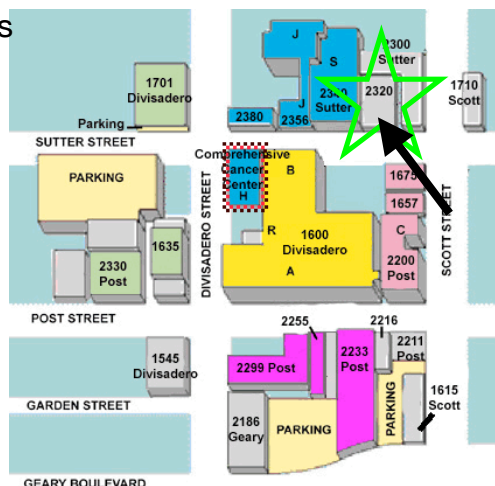
SMS appointments are scheduled in 1 of 2 locations

Locations for these appointments include:

2320 Sutter Street, Ste. 102
(Between Scott & Divisadero)

Or

1701 Divisadero Street, 5th Floor
(General Medicine Clinic, diagonally
across the street from the Cancer Center)



Website: <http://cancer.ucsf.edu/sms/>

FOR MEDICATION REFILLS, PLEASE ALLOW 5 BUSINESS DAYS

After hours and for any urgent issues, please call your Primary Oncologist and follow the instructions for their service.

For any EMERGENCIES or if you have ANY concern or doubt due to an increase in difficult symptoms and you cannot wait for response, you should call 911 or go directly to the Emergency Room.

The Symptom Management Service
(Consultation Service working with you and your Oncology Team)

Michael W. Rabow, MD (Director)
Nancy Shepard Lopez, NP (Assistant Director)
Gayle Kojimoto (Program Coordinator)
Jessica Davis (Practice Manager)

Kara Bischoff, MD
Brook A. Calton, MD
BJ Miller, MD
Thomas T. Reid, MD
Danielle Chamms, MD
Nelia Jain, MD
Laura Petrillo, MD
Colin Scibetta, MD
Nina Balsamo, MSW
Lauren Brown, MSW

Pauline Beggs, RN
David Bullard, PhD
Mary Lovely, RN
Leah Hellerstein, MSW
Greta Macaire, RD
Jill Meyers, MSW
Julie Paster, MSW
Sarah Rapp, LCSW
Judy Patt Smoker, MSW
Daphne Stuart, LCSW

We are able to respond to your calls Monday - Friday, 8:00-4:30pm, except holidays. Please call (415) 885-SMS1 (885-7671). Please use this number if you need to leave a message for any member of the SMS, or if you need to reschedule an existing appointment.

UCSF MyChart is another tool you can use to contact us. To sign-up for MyChart, you will need an activation code, which you can obtain at the front desk, or by calling (415) 514-6000 (M-F, 8:00am – 5:00 pm) or by e-mailing ucsfmychart@ucsfmedctr.org.

As a consult service, we do not have after-hours or emergency on-call availability but work directly with your Oncologist for this need. Your doctor is kept abreast of the details of your medication and symptom management needs that you have discussed with us. If you should go into the ER or become hospitalized, please let us know so we can be of help.

How You Can Help:

The SMS is deeply appreciative of donations to support our work and special programs.

If you are interested in donating to the SMS, please contact Kathleen Jose at 415-476-5863
or KJose@support.ucsf.edu.

You can also designate a donation to go to the SMS on the UCSF “Make A Gift” website at <https://makeagift.ucsf.edu/sms>.