

Symptom Management Service Newsletter

January 10

Topic: IDT Meeting Wrap up (January 9)

Poem

1/9 Dream Variations by Langston Hughes

Announcements

- 1) How We Live: Narratives, Artifacts, and Conversations about End-of-Life Today, January 10 6-9 PM
UCSF Alumni House, 745 Parnassus Avenue, San Francisco, CA 94122
<https://www.eventbrite.com/e/how-we-live-narratives-artifacts-and-conversations-about-end-of-life-tickets-52197009661>

If you've ever wondered what the end of life can look like, come join us on Thursday, January 10th from 6:00 - 9:00 PM for "How We Live: Narratives, Artifacts, and Conversations About End-of-Life," an event that explores the intersections of end of life and modern medicine through art and live storytelling. Featuring our SMS Fellow, Daniel Eison

- 2) Death Café in San Rafael, Sunday January 13 from 4 – 6pm
Duncan Hall at St. Paul's Church, 1123 Court Street, San Rafael
RSVP to chloeadmartin@comcast.net
- 3) Support Group for Prostate Cancer in Marin
The Prostate Cancer Support Group meets every Tuesday, 7:00pm to 8:30pm in the Medical Library, Marin General Hospital, 250 Bon Air Road, Greenbrae, CA. Free, registration not required. Call Stan Rosenfeld 1-415-459-4668 or e-mail vegstan2@ix.netcom.com for more information.

The counterpart for wives and female partners meets once a month on the first Monday from 10-11. Facilitated by Chloe Martin, Ph.D. Next meeting: February 4 from 10-11 at 200 Tamal Plaza, Suite 130 in Corte Madera, CA Contact chloemartinphd@gmail.com for more info.

- 4) Bj Miller In conversation with Pico Iyler
City Arts and Lectures Series: <https://www.cityarts.net/event/bj-miller/>



January 22 at 7:30 at Nourse Theater
Tickets \$29
tix Buy Tickets | Buy Series Tickets | 415.392.4400

Through his writing, teaching, and work with the San Francisco Zen Center and University of California, San Francisco, BJ Miller has spearheaded a nationwide effort to change the way we think about and approach death and dying. Rather than hospitalization and endless attempts at sustaining life, Miller advocates a mindful, human-centered model of care that embraces dying not as a medical event, but rather as a universally shared life experience. Miller is a longtime hospice and palliative care physician and educator. He has been on faculty at The University of California, San Francisco since 2007, where he has worked in all settings of care: hospital, clinic, residential facility, and home. He now sees patients and families at the UCSF Helen Diller Family Comprehensive Cancer Center.

SMS Weekly Award

1/9 Chris passed Elliott/E onto Alex

Palliative Care Pearls

- Ann Shah presented a case in which what a patient/family wants is not something she feels she can ethically provide as it may be more harmful to patient. Lots of distress by entire team.
 - Get UCSF and rest of treating team on the same page, including Ethics and Risk Management if needed
 - Patient has specific spiritual practice. If UCSF does not have chaplain of that faith, look for one in the community, who partners with UCSF, to provide spiritual support to family and who may be able to frame the medical decision in a way that patient/family better understands.



