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MTPCCR

Minority Training Program *in* Cancer Control Research

Volume 4, Issue 1

Fall 2011

A Message From Our Principal Investigators

Dear Wonderful, Beautiful, Exceptional MTPCCR Alums!

It is with pride, joy, and anticipation that we write to you today. Nothing is ever static for the MTPCCR! The year 2011 has been no exception. January brought the realization of our longtime dream: our first doctoral student retreat! While encouraging people on to the doctorate is vital, we must also do all we can to provide support through the challenges that confront under-represented doctoral students. Our alumni told us that they wanted the renewal and reinforcement of coming back together with MTPCCR faculty and alums. From all accounts, our two-day retreat in Santa Monica accomplished our aims, enabling students to help one another with their struggles, and to soak up encouragement and support (see page 4).

Through the early spring, you showed your ongoing support for the MTPCCR by taking time out of your busy lives not only to complete our new alumni survey, but to pour your hearts out about what the program has meant to you. This was the perfect antidote to our anxiety over the grant renewal we were working on. The result was a fantastic 79% response rate!!!! This included alumni from every class dating back to 1999!!!! We cannot begin to express the depth of our gratitude to you for this. We are confident the data will lead to another five years of funding for the MTPCCR. We are submitting a paper reporting the results and look forward to its completion so you can see the fruits of your efforts.

Then came June and an abundance of blessings: THREE Summer Institutes!!! The newest is *Éxito! Latino Cancer Research Leadership Training* under the superb leadership of Dr. Amelie Ramirez, Kip Gallion, and Cynthia Wittenburg at the University of Texas (see page 2).

Most of all, we celebrate the accomplishments of YOU, many of which are chronicled on the pages of this newsletter thanks to the efforts of our terrific staff.

Our grant will be reviewed in January. We look forward to sharing more good news then!

Rena J. Pasick

Rena J. Pasick, Dr.PH
Principal Investigator
UCSF Helen Diller Family
Comprehensive Cancer Center



Marjorie Kagawa-Singer

Marjorie Kagawa-Singer, Ph.D.
Co-Investigator
UCLA School of Public Health



MTPCCR FACTS

THERE ARE 507 ALUMS

- **96 ARE CURRENTLY IN DOCTORAL PROGRAMS!**
- **44 GRADUATED WITH THEIR DOCTORAL DEGREES!!**

SAVE the DATE!

APHA Alumni Dinner
October 30th, 8PM
CARMINE'S Washington, DC
(Family-Style Italian Restaurant)

Invitation to Follow...

Éxito! Latino Cancer Research Leadership Training (LCRLT)

We are proud to announce that a third training site has been established at The Institute for Health Promotion Research (IHPR) at The University of Texas Health Science Center, San Antonio!

Éxito! Latino Cancer Research Leadership Training (LCRLT) is funded by a five-year (2010-2015) training grant from the National Cancer Institute. The program's principal investigator is Dr. Amelie G. Ramirez, who also serves as director of the IHPR at The University of Texas Health Science Center at San Antonio. Other IHPR researchers involved are IHPR Deputy Director Mr. Kip Gallion, Mrs. Cynthia Wittenburg, and Ms. Rebecca Adeigbe. Dr. Rena Pasick is the co-investigator for the program, and she provides overall direction for the doctoral student support component that is funded by this grant. Please refer to page 4 for more on the first national doctoral student retreat.

The purpose of *Éxito!* is to increase ethnic diversity in the field of Latino health disparities, including cancer control research, by encouraging Latino/Hispanic students in master's-level health programs and master's-trained health professionals to pursue a doctoral degree and a career in research.

Éxito plans to recruit an annual cohort of master's-level participants from Texas, Oklahoma, Arizona, New Mexico and other states. This year, 17 individuals were selected to join the first-ever Summer Institute of *Éxito! LCRLT* on June 2-6, 2011, in San Antonio, Texas. Participants of the program, like participants in the MTPCCR summer institute, learned about cancer, health disparities, research, culture and career options. The program was very successful and several participants mentioned that the program provided strong motivations to apply for a doctoral degree.

Éxito! LCRLT's main hope is that participants go on to earn doctoral degrees and conduct novel research on why Latinos suffer worse outcomes from cancer and chronic disease. Dr. Ramirez says, "We believe training new Latino researchers will increase the number of Latinos in cancer control research, which will increase work being done to reduce Latino cancer."



For further program information, please visit: <http://ihpr.uthscsa.edu/exito.html>

Outstanding Awards Received by Alumni

Iona Cheng, PhD (UCSF-2000) is one of 17 recipients of the V Scholar Award, a \$200,000 grant to offset the costs of her research, from the Jim Valvano Foundation for Cancer Research.

Whitney Robinson, PhD (UCSF-2002) was a Robert Wood Johnson Foundation Health & Society Scholar at the University of Michigan from 2008-2010.

Katrina Ellis, MPH (UCSF-2007) received the Rackham Merit Fellowship Award, which fully funds her doctoral program at the University of Michigan School of Public Health.

LaShanta Rice, MPH (UCLA-2007) is one of the new 2011 Environmental Protection Agency STAR Fellows; the fellowship will fund her program for 3 years.

Sula Hood, MPH (UCLA-2008) was selected as a Southern Regional Educational Board (SREB) Institutionally Funded Doctoral Scholar.

Gigi Kwok, MPH (UCLA-2009) received \$30,000 funding for her doctoral program from the California State University, Chancellor's Doctoral Incentive Program.

Rebekah Ngewa, MPH (UCLA-2009) was named the Black Health Student Professional Association Student Leader of the year 2010-2011 at Loma Linda University.

Stephanie H. Chan, MPH (UCSF-2010) received the U.S. Office of Personnel Management's 2-year Presidential Management Fellowship Award 2011.

2008-2010 DASA Awardees

Doctoral Application Support Awards (DASA) of up to \$2,000 are awarded annually to program alumni who apply to a doctoral program that could lead to a career in cancer control research. Alumni from both sites are eligible to apply.

Congratulations to our awardees!!!



2008

Rosana Leos (UCLA - 2003)
Minal Patel (UCLA - 2005)
Sabrina Smiley (UCLA - 2006)
LaShanta Rice (UCLA - 2007)
Suzy Shimasaki (UCLA 2007)

2009

Albert Farias (UCLA - 2006)
Katrina Ellis (UCSF - 2007)
Tonitrice Wicks (UCLA - 2007)
Kia Davis (UCSF - 2008)
Camille Eroy-Reveles (UCLA - 2009)
Boh Geh (UCSF 2009)
Mighty Fine (UCLA - 2009)
Lesleigh Lee (UCLA - 2009)
Queenie Leung (UCLA - 2009)
Rebekah Ngewa (UCLA - 2009)
Cha See (UCLA - 2009)

2010

Julie Dang (UCSF - 2007)
Daisy Le (UCLA - 2009)
Cathy Samayoa (UCSF - 2010)
Devynn Taylor (UCSF - 2010)
Kristy Jones (UCLA - 2010)
Britni Mitchell (UCLA - 2010)
Austin Nation (UCLA - 2010)

Our heartfelt thanks to the following for their generous sponsorship of this award:

Linda Rosenstock, MD, MPH, Dean of the UCLA School of Public Health

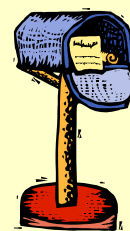
Judy Gasson, Ph.D., Director of UCLA Jonsson Comprehensive Cancer Center

University of California, San Francisco, Helen Diller Family Comprehensive Cancer Center

Welcome New MTPCCR Coordinator...



Amy Pradhan joined the UCSF MTPCCR team in the Spring of 2010. Amy is a 2008 Alumna, and previously worked as an Administrative and Project Assistant at the UCSF Radiology Department. She has a Master's in Healthcare Administration from California State University, East Bay; and she recently got accepted into the MPH program at San Jose State University. With the MPH degree, Amy plans to focus her career in Community and Health Education. In addition to enjoying her role as an MTPCCR Coordinator, she also loves to spend time with her husband and family.



We want to hear from you!!

Please let us know if you have an update to share for the next edition, if there is an article that you would like us to feature in the future, or if there is someone in this newsletter with whom you wish to get in touch.

DOCTORAL STUDENT RETREAT

The first national MTPCCR Retreat for currently enrolled doctoral students, funded by the *Latino Cancer Research Leadership Training (LCRLT)* grant, was held on January 7-8, 2011 in beautiful Santa Monica, California. Forty-eight MTPCCR alumni who are currently doctoral students from programs across the country joined us for the retreat. The two-day retreat consisted of presentations by faculty members from UCLA and UCSF, discussion groups, and Q&A sessions to address any needs and concerns students had. Participants shared their experiences and coping strategies to manage the unexpected political and power dynamics they were encountering academically. In addition, they also discussed the emotional frustrations that characterize life as doctoral students both in their programs and in their personal lives. By the end of the retreat, the students had formed quite an intense and supportive network that will serve them well in sustaining each other through their journey.

We would like to extend our most sincere thanks to Dr. Loma Flowers, without whom the retreat would not have been such a success. Dr. Flowers is a psychiatrist who specializes in teaching emotional resilience and competency; she currently practices preventive psychiatry in the US and England as President of Equilibrium Dynamics (www.eqdynamics.org), a San Francisco Bay area collaborative nonprofit corporation teaching “Balanced Emotions, Clear Focus and Good Judgment for Best Performance.” Dr. Flowers provided formal presentations and insightful reflections throughout the retreat. She led sessions on *Emotional Competence*, both in group discussion as well as in one-on-one counseling sessions, and participants enthusiastically endorsed her presentations as providing a strong sense of empowerment. The retreat was “ALL Loma!”

We would also like to thank Dr. Carlos Grijalva, the UCLA Associate Dean of Graduate Division, and Dr. Cherie Francis, the UCLA Director for Graduate Outreach, Diversity, and Fellowships, for taking the time to present at the retreat and answer students’ questions. Dr. Grijalva gave a talk on “*Safely Navigating the Minefield of the Doctoral Program*,” and Dr. Francis spoke about funding opportunities for doctoral students.

We are funded for another retreat in January of 2015, but will seek additional resources to hold one in 2013 as well.



2009 & 2010 APHA ALUMNI DINNER

The 2009 American Public Health Association (APHA) annual meeting was held in Philadelphia, PA, November 7-11 and the 2010 APHA annual meeting was held in Denver, CO, October 6-10, 2010. MTPCCR staff and alumni met at Magianno's Little Italy to maintain our network and update each other on news. We had nearly 30 people celebrate the evening with us both years! Thanks to all our alumni who joined us at the APHA Alumni Dinner in 2009 & 2010!!! It was wonderful to see you all. We hope to see everyone at this year's APHA Alumni Dinner on Oct 30, 2011 in Washington, DC.

2009 APHA Alumni Dinner



2010 APHA Alumni Dinner



2011 Alumni Survey

Thank you all for taking the time to complete the most recent MTPCCR Alumni Survey. We had an amazing response rate of 79% and we were able to use the survey data for our grant renewal. Below are some key findings from the survey:

- Our main outcome, the rate of matriculation to doctoral programs, has risen steadily from 3.8% at the end of our first year to 15.3% the year after UCLA's first cohort was added (program year 6). It now stands at 29.4%, up 4.4% from the renewal submission one year ago.
- Overall, 59% of our alumni indicated that they entered the master's for a career in public health practice, 30% for careers in research. Of the latter group we asked, *At that time, were you planning to go on to the doctorate?* Twenty-nine percent of those said no, 71% said yes.
- Among current doctoral students, 81% ranked the influence of the program on their decision to apply at 8 or higher. (Scale: 1 = negative influence, 5 = neutral, 10 = positive influence)
- Among current master's students and graduates who are employed, 80% reported that at least some of their current work pertains to cancer. Among doctoral students and graduates, 62% reported that most or all of their doctoral research pertained to cancer.
- A total of 244 cancer-related papers have been published by 45 MTPCCR alumni (1st or 2nd author). In addition, 207 cancer presentations listed alumni among the authors; 37 of these were presented by alumni.

We are awaiting the review of our grant resubmission. It is our last chance to renew the program through NCI, and we will know by late January, so please stay tuned! If we are not funded, we will search for funding from other sources.

NEWS YOU CAN USE

Leukemia & Lymphoma Awareness

Leukemia & Lymphoma Society

<http://www.lls.org/>



Source: 2011 National Health Observances, National Health Information Center, Office of Disease Prevention and Health Promotion, U.S. Department of Health and Human Services, Washington, DC

For more info: <http://www.healthfinder.gov/nho/nho.asp>

Health & Human Services (HHS) Action Plan to Reduce Racial and Ethnic Health Disparities

On Friday, April 8, 2011, HHS released two strategic plans to reduce health disparities and achieve health equity in the Nation. You can watch or read the plans here:

<http://minorityhealth.hhs.gov/npa/>

The HHS Action Plan to Reduce Racial and Ethnic Health Disparities outlines goals and actions HHS will take to reduce health disparities among racial and ethnic minorities. With the HHS Disparities Action Plan, the Department commits to continuously assessing the impact of all policies and programs on racial and ethnic health disparities. It will promote integrated approaches, evidence-based programs and best practices to reduce these disparities.

Source: U.S. Department for Health & Human Services; National Partnership For Action

<http://minorityhealth.hhs.gov/npa/>



Colorectal Cancer Risk Quiz

1. People of Asian ethnicity are at lower risk for colorectal cancer than Hispanics or American Indians/Alaska Natives:

- A. True
- B. False

2. A high-fat, fast food diet may increase the risk of developing colorectal cancer:

- A. True
- B. False

3. People in their late 40s are at greater risk for developing colorectal cancer than those in all other age groups:

- A. True
- B. False

4. A person's smoking status has no effect on his/her risk for developing colorectal cancer:

- A. True
- B. False

How Did you Do? (Answers on page 16)



Taken from <http://minorityhealth.hhs.gov>

Source: National Cancer Institute <http://www.cancer.gov>

Academic Mentoring and Financial & Psycho-social Support for Doctoral Students!

Many MTPCCR Doctoral Alumni have expressed their need for academic mentoring, financial counseling, and psychosocial support to survive the challenges faced as doctoral students. WE LISTENED! Through the University of Texas Latino Cancer Research Leadership Training (LCRLT) grant, we now have funds available to support limited psychological counseling sessions (by phone for those out of town) with Dr. Loma Flowers (Professor of Clinical Psychiatry at UCSF) and financial consultation (how to fund your doctoral education) with Dr. Cherie Francis (Director of Graduate Outreach, Diversity and Fellowships at UCLA). In addition, Drs. Pasick, Kagawa-Singer, and Ramirez can tap their networks of faculty across the country to address specific research challenges that MTPCCR doctoral alumni have not been able to resolve within their own institutions.

If you are a doctoral student who might benefit from one of these services, please send a brief email description of your request to Amy Pradhan. All mentoring/support requests will be completely confidential.

NEWS YOU CAN USE

Upcoming Event

American Public Health Association Annual Conference

October 29-November 2, 2011 Washington, DC

<http://www.apha.org>

National Cancer Institute Resources to Support Training and Career Development

NCI supports training for people at all levels of expertise, ranging from summer internships for high school and college students to focused training in new disciplines for tenured scientists. For a table summarizing all these opportunities, click this link:

<http://www.cancer.gov/PublishedContent/Files/aboutnci/ncicancerbulletin/archive/2009/120109/120109-Training%20Resources.pdf>

For a more detailed listing, visit NCI's Center for Cancer Training Web site at <http://www.cancer.gov/cct>

National Cancer Institute Health Communications Internship Program

Applications for Fall 2012 Due 1st Tuesday in March

The NCI recognizes that health information dissemination is key to raising public awareness about new cancer treatments, support for cancer patients and their families, and prevention strategies. To that end, in 1975 the NCI established the Health Communications Internship Program (HCIP) to attract individuals interested in careers in health communications and science writing.

The HCIP gives highly qualified graduate students and recent graduate degree recipients the opportunity to participate in vital health and science communications projects in one of the many offices that make up the NCI. Interns will select an area of emphasis: health communications or science writing. Six-month and one-year internship terms are offered.

For more info: <https://hcip.nci.nih.gov/hcip/index.html>



Join us on Facebook!!!

It's free to join, and you can find us by typing "MTPCCR" into the search box. You'll be able to keep in touch with other alumni, view photos of MTPCCR Summer Institutes and reunions, and share news and announcements!

Cancer Data/Statistics

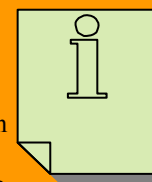
Cancer is the second leading cause of death for most racial and ethnic minorities in the United States. For Asians and Pacific Islanders, it is the number one killer. In 2006, 63,082 African Americans, 26,633 Hispanics, 11,784 Asians and Pacific Islanders, and 2,447 American Indians died of the disease.

Cancer hits African Americans particularly hard. African American men are more than twice as likely to die from prostate cancer than Whites. And while breast cancer is diagnosed 10% less frequently in African American women than White women, African American women are 36% more likely to die from the disease.

In other minority communities, cancer is also taking a disproportionate toll. Among Hispanics, women are 1.8 times more likely to be diagnosed with cervical cancer than non-Hispanic White women. Asian and Pacific Islander women are twice as likely to fall ill from stomach cancer as non-Hispanic White women. And Asian American men suffer from stomach cancer twice as often as non-Hispanic White men. Similarly, both American Indian/Native American men and women are twice as likely to develop and die from stomach cancer and liver cancer.

Quick Facts

- Although breast cancer is diagnosed 10% less frequently in African American women than White women, African American women are 36% more likely to die from the disease.
- American Indian Women are 1.6 times as likely to die from cervical cancer as compared to white women.
- Asian/Pacific Islander men and women have higher incidence and mortality rates for stomach and liver cancer.
- Hispanic women are twice as likely as non-Hispanic white women to be diagnosed with cervical cancer.



For more information, visit: <http://minorityhealth.hhs.gov>

Source: *The Office of Minority Health, U.S. Department of Health and Human Services*

Resources

Free Newsletter: *The Academic Ladder...Get Help With The Climb*
<http://academicladder.com/>

Book Recommendation: *Writing Your Dissertation in Fifteen Minutes a Day: A Guide to Starting, Revising, and Finishing Your Doctoral Thesis*, by Joan Bolker [Paperback on Amazon for < \$15]

WHERE ARE THEY NOW?



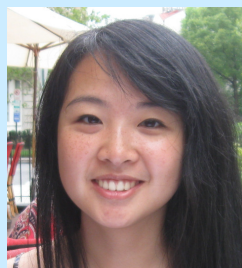
Kristy Jones, MPH (UCLA-2010) is pleased to announce that she began her DrPH program at UAMS Fay W. Boozman College of Public Health on August 22nd. She is newly married to Tim Caldwell; they "jumped the broom" on September 18th. Congratulations, Kristy!



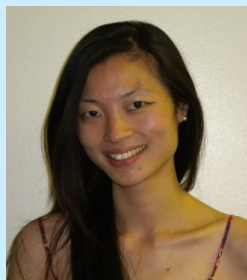
Sana Naveed, MPH (UCSF-2010) graduated from San Diego State University in 2011 with her MPH degree, with a concentration in Epidemiology and Biostatistics. Since then, she was accepted for a Cancer Research Training Award Fellowship at the National Cancer Institute in Maryland, with an emphasis on Quantitative Analysis.



Maria Brown, MPH (UCLA-2006) is working at USC in the Norris Comprehensive Cancer Center and Hospital in the Clinical Investigations Support Office, as a Regulatory Project Manager. She recently had her son, named Aaron, who joins big sister Alessa and big brother Adam. Congratulations, Maria!



Lillian Sie, MPH (UCSF-2011) interned at the LA County Department of Public Health this past summer. She is looking forward to starting the second and final year of her MPH program at the University of California, Berkeley.



Gigi Kwok, MPH (UCLA 2009) started her doctoral program in Public Health at Loma Linda University. Her focus is on Public Health in Preventive Care.



Whitney Robinson, PhD (UCSF-2002) is an assistant professor of epidemiology at the UNC Gillings School of Global Public Health, a fellow at the Carolina Population Center, and a member of the UNC Lineberger Comprehensive Cancer Center. Her research explores how social and physiological factors

interact to influence the regulation of energy balance. From 2008-2010, Dr. Robinson was a Robert Wood Johnson Foundation Health & Society Scholar at the University of Michigan. She received her PhD in epidemiology from the University of North Carolina at Chapel Hill. Great Job, Whitney!



Nirshila Chand, MPH (UCLA - 2009) will begin her doctorate program at Claremont University in Health Promotion Science in January 2012. At this time, she is relaxing and completing the graduate thesis at Cal State University, Northridge.

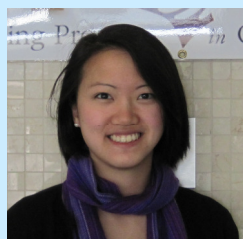


Rebeca Lopez, MPH (UCSF-2010) is enjoying her job at the UCSF Fresno Family Medicine department as a Research Associate. She works with residents, faculty and medical students (who rotate to Fresno) on their research projects, mostly doing one-on-one teaching. Rebeca is also exploring doctorate opportunities at UC Merced.



Vahe Shahnazarian, MPH (UCLA-2007) is continuing his MD program at Ross University and should be graduating in about a year and a half. If everything goes as planned, he will begin residency in July of 2013!

WHERE ARE THEY NOW?



Stephanie H. Chan, MPH (UCSF - 2010) finished her MPH in Environmental & Occupational Health from the University of Washington in 2011. Her thesis focused on the relationship between air pollution and blood pressure, and, thankfully, her committee kept reminding her that, "A good thesis is a done thesis." Stephanie has since relocated to her hometown of Boston, MA to begin a Presidential Management Fellowship, a two-year leadership development fellowship in Federal service. Eager to use her analytical and communication skills, Stephanie looks forward to hospital systems research with the U.S. Department of Veterans Affairs. To this end, she has two more years to keep thinking about that doctoral degree...



Eastern Kang, MPH (UCLA-2008) is starting his PhD program in global public health at SDSU/UCSD joint doctoral program. He's currently working at UCSD Pediatric. He loves living in "beautiful, enviously super-cool, sunny San Diego," and welcomes everyone to visit.



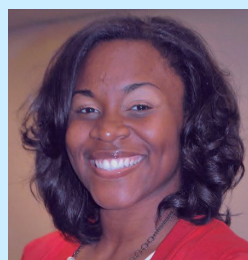
Erica Warner, PhD (UCSF-2005) graduated from Harvard School of Public Health on May 27, 2011 with her doctorate in Epidemiology. She has since started a postdoctoral fellowship at HSPH and Brigham and Women's Hospital in Boston. Congratulations, Erica!



Irene Umipig, MPH (UCLA-2008) received a new job offer as the Health Promotion and Education Coordinator for the St. Mary's College campus in Moraga, California. Irene will be in charge of Health promotions and outreach for the campus.



Mijiza Sanchez, MPA (UCSF-2004) recently became the first Director of the UCSF Multicultural Resource Center, and is responsible for community outreach, programming/events and support services for students, staff and faculty members. Mijiza is also finishing up her 2nd year of doctoral program at University of San Francisco. She is studying International & Multicultural Education Program with emphasis in Human Rights Education and Second Language Acquisition. Mijiza just returned from a summer course in Ecuador studying Indigenous Rights and Bilingual Education.



LaShanta Rice, MPH (UCLA-2007) is one of the new 2011 Environmental Protection Agency STAR (Science To Achieve Results) Fellows. The fellowship will fund her program for the next 3 years. Her Fellowship title topic area is Human Health: Risk Assessment and Risk Management (12).



Josefina Blanco, MPH (UCLA-2006) completed her program and graduated with her MPH from SDSU. She has a new job at North County Health Services. Josefina is engaged to John L. Fair :). Her wedding will be in September 2012!! Congratulations, Josefina!



Wayne Hairston II, MPH, MBA (UCSF-2009) has been accepted for a full-time position with ICF International as a Public Health Analyst for the Center for Disease Control and Prevention (CDC) in Atlanta, GA!

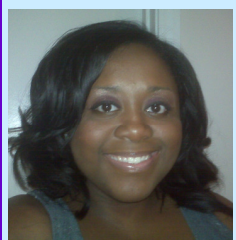
WHERE ARE THEY NOW?



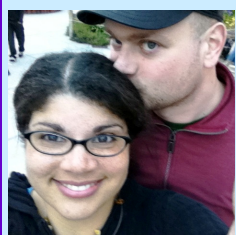
Sunoz "Sunny" Soroosh, MPH (UCLA-2011) interned at the New York City Department of Health and Mental Hygiene for the summer with a possible extension. Sunny also works for the Bureau of HIV/AIDS Prevention and Control on the Care Coordination team. She enjoys traveling and working in many diverse communities throughout NYC. This fall, she is starting the final year of her MPH program at Columbia University.



Imelda Padilla-Frausto, MPH (UCLA - 2010) entered her second year in the doctoral program in Community Health Sciences at UCLA's School of Public Health. In addition to her two beloved children who keep her motivated and sane, her family will be expanding as she welcomes her first grandbaby into the world – SHE is due in November 2011!



Sula Hood, MPH (UCLA-2008) was recently selected as a Southern Regional Educational Board (SREB) Institutionally Funded Doctoral Scholar! She is in the 4th year of her doctorate program.



Megan Jukic, MPH (UCSF-2010) recently finished her MPH, got married, and moved to Croatia! She is not sure what she is going to do there quite yet but thanks to MTPCCR, she is very much keeping a doctorate in mind. Her husband, Marko Jukic, just got accepted into Law School at the University of Split and they found out that the same university also has a Medical Doctorate program that accepts native English speakers and she hopes to get in. Megan and her husband are currently living in Zadar and are loving it there. They spend much of their time swimming in the Adriatic. Megan is also working on learning the language. She says "Life is good but I miss San Francisco."



Chen "Freddy" Kun Wen, MPH (UCLA-2011) just graduated from the University of Southern California and has been volunteering with professors at USC throughout the summer. He is also starting his "advisor hunt" at multiple schools for a doctoral degree program. He hopes to start the application process soon!



Mary Choi, MPH (UCSF-2000) keeps herself busy being mom to two amazing boys, Christian aged 4.5 and Aiden, age 2. She continues to work for Kaiser Permanente and currently manages projects in women's health education. Mary loves her job.

She also started blogging with a group of women at <http://kimchimamas.typepad.com>. On the creative (and sparkly) front, Mary makes jewelry to raise money for a non-profit called Compassion International that serves children in need. She and her husband went to see one of their sponsored children in the Philippines last year and it was a life changing experience. You can see and purchase some of her creations at www.perfect.etsy.com. She was also on Check Please Bay Area show. Not quite a "reality show" but close enough? You can see the episode online.



Arianna Taboada, MSW, MPH (UCLA-2011) is entering her second year of a dual masters program at UNC in Social Work and Maternal/Child Health, after which she has taken Annalyn's words of wisdom and will give herself a defined time period in which to start the doctoral program application process. MTPCCR confirmed Arianna's desire to enroll in a doctoral program, and addressed her doubts about how to apply, get accepted, find strong mentors, and in general, survive! It was also an opportunity to strengthen and expand a support network that she can count on during what she is sure will be a long journey.

WHERE ARE THEY NOW?



Rebekah Ngewa, MPH (UCLA-2009) has completed the first year of her DrPH program in preventive care at Loma Linda University. She was also named the Black Health Student Professional Association Student Leader of the year 2010-2011. Please check out the linked article for the feature

about Rebekah and three other students who were awarded an annual scholarship. <http://www.llu.edu/assets/news/today/documents/2011/2011April1.pdf>



Sergio Martinez, MPH (UCSF-2010)

Last February, during the last semester of Sergio's MPH program, he and his family experienced a house fire. Fortunately no one was seriously hurt. If it weren't for the support of his cohort and faculty, co-workers and family, he is not sure how he would

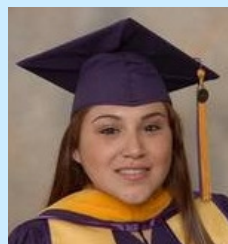
have graduated in May! For his culminating experience (quasi-thesis), Sergio looked at resilience, coping and moral economy; his work is titled: Exploring the Lived World, Resilience, and Sexual Health Risk in the Structured Environmental Context of the Moral Economy of Latino Migrant Day Laborers. His study was embedded in a larger NIH/NIAAA R01 type study. He may continue to pursue his work with Latino Migrant Day Laborers in a doctorate program--Sergio is currently considering Medical Anthropology and Translational Science.



Daisy Le MA, MPH (UCLA-2009) is attending the University of Maryland, College Park and will be pursuing her doctorate (PhD) in Behavioral Science and Community Health (BCH).



Chomchay Mukai (UCLA-2004) is married and has two stepkids, ages 17 and 10. She works at Cedars-Sinai and was recently nominated to be on the company's wellness council, where she works towards encouraging employees to get and stay fit. She is still contemplating a doctoral degree!



Vanessa Mercado, MPH (UCSF-2010) graduated from the MPH Program at San Francisco State University. She received recognition at the departmental and university level as the recipient of the Graduate Student Award for Distinguished Achievement in the

Masters of Public Health Program and the Distinguished Achievement Award for Academic Excellence. Currently, Vanessa works as a research associate for the Health Equity Institute on a project led by Cynthia Gómez, Ph.D. entitled *The Public Debate on Pregnancy, Parenting and Education: Competing Values Impacting Latino Youth's Sexual and Reproductive Health and Rights*. Additionally, she works as part of the consulting team for Graterol Consulting, which provides assistance with evaluation, assessment, and strategic planning. She will be doing a poster presentation entitled "Breaking down the barriers: Increasing access to preventative oral health care for underinsured Latino children" at APHA this year and hopes to see some of you there!



Joanne D'Silva, MPH (UCLA-2009)

is working at ClearWay Minnesota as a Senior Research Program Manager, where she is involved in directing and implementing research and evaluation on tobacco control and cessation initiatives in Minnesota's diverse communities. She recently

relocated to Florida and got engaged in May. Congratulations, Joanne!



Cha See, MPH (UCLA-2009) is a PhD student in Public Health at Walden University. He is also busy working at the UCLA Division of Cancer Prevention and Control Research.

WHERE ARE THEY NOW?



Kimberly Enoch, MPH (UCLA-2010) has been promoted to Associate Director of the Cancer Control Outreach Center under Dr. Ronda Henry-Tillman. She started as a Clinical Technician for the Modular Mammography Program and now she manages all of the cancer control programs that they have in breast, cervical, colorectal, prostate and lung cancer. She is applying for the doctoral program at UAMS in the College of Public Health in Health Promotion and Prevention Research with hopes to begin in January 2012. Kimberly has purchased her very first home on the top of Emerald Mountain, and her mother is doing well with her second bout of breast cancer. Kimberly writes, "Sounds corny but I am soooo happy!"



Jeanette S. Torres, MPH (UCSF-2005) accepted her dream job and moved from the Bay Area to sunny Orange County. She is currently working on the Building Healthy Communities Initiative funded by The California Endowment and hosted at Latino Health Access. At the Hub, their purpose is to develop and support a community planning collaborative focused on improving environments, policies and health outcomes for children, youth and their families in Central Santa Ana. She is excited at the opportunity to be part of this unique 10-year strategic initiative of The California Endowment.



Anna Munoz, MS (UCLA-2008) has just started her third year of medical school at the University of Southern California (USC). She is in the process of reviewing for the USMLE Step I (the first of 3 licensing exams). She also shares with her MTPCCR family that she and her fiancé, Milo are expecting their first child in October! Congratulations Anna!!!



Sareh Bahreinifar, MPH (UCSF-2010) recently completed her MTPCCR internship, which was followed by a full year working with Dr. Pamela Ling at the Center for Tobacco Control Research and Education at UCSF where she published a few manuscripts in the area of smokeless tobacco products. She is now starting pharmacy school in the Fall of 2011 at the University of Pacific, Thomas J. Long School of Pharmacy and Health Sciences. In the future, Sareh wishes to continue her research work and interest in the area of cancer control, specifically tobacco control, while also doing clinical work.



Tamara A. Mason, MPH, CHES (UCSF-2011) is currently a Project Director at the Avon Foundation Outreach Initiative in the Rollins School of Public Health, Emory University. She recently served as a Volunteer Coordinator for a group of six volunteers who ranged in age from 20-30 years old. She assisted Community Health Workers (CHWs) as they implemented surveys in two villages in Ghana to determine if the villagers were using bed nets to prevent malaria. The CHWs were able to collect data from 160 households, and Tamara and the volunteers entered the data from all 160 households. It was an intense project but very rewarding! Tamara was pleased to be able to gain supervisory, data collection and data entry experience in an international setting.



Marjannnie Eloi, MS (UCLA-2007) is continuing her doctoral program at UC Davis and was recently profiled in the UC Davis Graduate Studies Viewbook. The brochure is distributed to all prospective graduate students to give them an idea about grad student life and the types of research being done at UCD. You can find Marjannnie on page 4 of the web version of the Viewbook! <http://gradstudies.ucdavis.edu/publications/ViewbookForWeb.pdf>

UCSF & UCLA MTPCCR TEAM



UCSF:

Dr. Rena Pasick (PI)
Priscilla Banks (Internship Coordinator)
Amy Pradhan (Program Coordinator)
Kathy Chew (Project Assistant)

UCLA:

Dr. Marjorie Kagawa-Singer (PI)
Sherry Kidd (Program Coordinator)
Minelle David (Project Assistant)
Lorelei Palacpac (Project Assistant)

Thank you to all our faithful faculty, staff, volunteers, and speakers who make the summer institute a success each year! This program wouldn't be possible without you!

Update: Yinpei Hsieh-MPH (UCLA—2008)



I first got cancer in 2003, when I had just started my first semester as an undergraduate student at the University of Texas. I went home to Taiwan for treatment, including chemotherapy, radiotherapy and auto-transplant. Then I completed my college education in Taiwan. After graduation, I went to UCLA for graduate school to continue my American dream.

Just before I finished my first year, I found my tonsils enlarged, and soon it was diagnosed as T-cell lymphoblastic lymphoma. I had to go back to Taiwan for treatment again. It was treated as leukemia because the disease had spread to my bone marrow. I underwent very intense chemotherapy from August to December 2008. I experienced severe PCP infection (a type of pneumonia) during chemotherapy and was lucky to survive. My father and brother, who live in Brazil, took turns visiting me in Taiwan. In February 2009, I had an allogeneic stem cell transplant and stayed at a special care unit for a month. After the transplant, several types of GVHD appeared on my skin, eyes, and lungs. My cancer is in remission now, but the

lung complication is still bothering me. Due to GVHD in my lungs, I now need oxygen therapy everyday and eventually I might need a lung transplant.

Since my lymphoma relapsed in July 2008, my goal has been to get well as soon as possible and go back to LA to finish my studies. LA is located between Taipei, Taiwan and Sao Paulo, Brazil, and being able to settle down in LA with my boyfriend is a dream that ties my family, friends and loved ones together. But the chronic lung condition has limited my mobility, so right now I try to focus on the things I can do, instead of the things I can't do in this moment.

I currently run an online shop with my boyfriend. We import nice items from Brazil and the US to Taiwan, and we enjoy working at home. This year we celebrate our 10th anniversary together and we plan to get married in the near future. This has given me good reason to work harder on pulmonary rehabilitation! The rest of the time I like to take pictures. One of them won second place in a photography contest held by a local cancer foundation. The photo on the right is titled "Miss smiley face." We have to look at many different faces in our daily lives, and I want to keep a smiley face no matter what happens.



**Thanks for keeping in touch, Yinpei! We're so proud of your accomplishments!
We're thinking of you and sending you all our love and best wishes!**

SPOTLIGHT:

Alums in Cancer Control

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Icarus Tsang, MS-HCA (UCSF-2010)

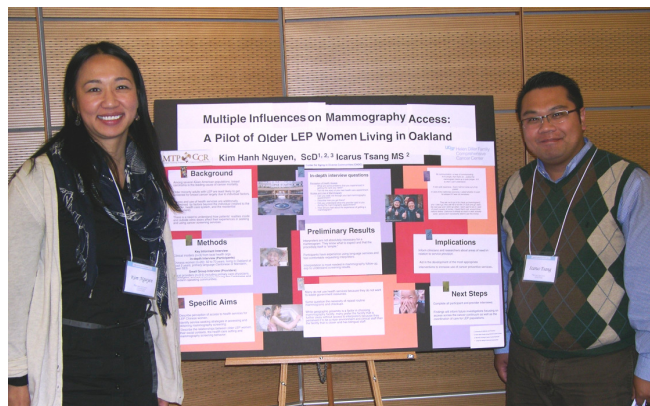
Mise En Abyme: Placing into Infinity - Carrying out MTPCCR's Mission of Mentorship

Mise En Abyme is a French term that translates as “placing into infinity” and refers to two mirrors facing each other producing infinite images. To me, the goal of MTPCCR - to reduce cancer disparities in underserved minority communities by training racially and ethnically minority researchers in cancer control research- is mise en abyme.

For the past year, I interned with **Dr. Kim Hanh Nguyen**, a 2002 MTPCCR alum, at the UCSF Helen Diller Family Comprehensive Cancer Center, and we established a unique mentoring relationship. My internship focused on a pilot study that explored the multilevel and contextual influences of mammography screening among older Asian adults with limited English speaking proficiency (LEP). Using a grounded theory approach, we conducted interviews with Chinese women living in Oakland to understand their unique experiences seeking and navigating health services including mammography screening as well as with administrators of local health organizations serving LEP women. Through my internship experience, I learned how to plan and implement a qualitative study; my primary roles were to conduct in-depth interviews (in both Cantonese and Mandarin) and analyze and interpret the findings. This experience solidified my interest in studying the health of underserved populations from an anthropological and contextual perspective.

I have started a new position, the Cornelius Hopper Fellowship, with Drs. Janice Tsoh and Nancy Burke at UCSF, where I will investigate smoking cessation among Chinese individuals. In addition, I plan on applying to doctoral programs in medical anthropology with the hope that I can someday carry on the mission, duplicate the MTPCCR model of mentorship, and place this mission into infinity.

Thank you Dr. Rena Pasick and Dr. Kim Nguyen for making things happen and showing me the way. Mise en abyme.



Gem Le, PhD, MHS (UCSF-2002)

In May 2011, Gem completed her PhD degree in Epidemiology from UC Berkeley School of Public Health. Her doctoral degree represented the culmination of years of hard work in collecting data, analyzing data, and writing her dissertation, titled “Social network characteristics and breast cancer screening behavior in Vietnamese American women.” On a personal note, her graduation also represented her accomplishment in juggling the duties of being a mom and doctoral student, and she proudly carried her young son across the stage at the graduation ceremony (see picture)!



Gem currently works as a Research Associate at UCSF and at the Cancer Prevention Institute of California (CPIC). At UCSF, she works on a large ROI randomized controlled trial to study the effectiveness of Lay Health Workers (LHWs) to promote colorectal cancer screening among Chinese Americans, the mechanisms by which LHWs work, and the role that traditional healers may play. At CPIC, she leads an Administrative Supplement project using a mixed methods approach to studying social networks and colorectal cancer screening among Vietnamese Americans. With the growing popularity of social media, the world is getting smaller and Gem is interested in understanding how social networks impact the spread of information to influence health. She is interested in furthering her work on social networks and plans to continue work in developing research projects examining the influence of networks on health behaviors and outcomes in diverse communities.

Nadine Rodriguez, MS (UCLA-2008)

People often ask me, "What gives you the strength to go on?" God. I wouldn't be here today if it wasn't for Him. I am thankful for all He has done and continues to do for me. I am rich! So many vast resources have been made available to my family, and I am surrounded by great people who believe in me.

But it has not been a straight or easy path. I remember when I was 16, my father asked me what I wanted to be when I grew up. I told him that I wanted to be a doctor, maybe a pediatrician. He looked at me and said, "You know you have to be smart to be a doctor? That's a lot of work." He was right, in a way. I didn't become a pediatrician, but I AM smart and I decided I would become a scientist. I thank him for *not* believing in me, because his doubt energizes me to prove him wrong everyday! I plan to become everything I dreamt of and I am doing it.

Having five children while pursuing a doctorate is no joke. I literally have to take it one day at a time. I have become patient, caring, loving, compassionate, and most of all a proud parent. My day starts at 5:45am and ends at midnight. I have all the kids in bed by 8pm. I try to be a good role model, practice healthy eating habits, exercise daily and read stories at night. I want the best for them and I couldn't imagine life without them.

I hope to become a professor one day. I want to have my own research lab. I want to focus on cancer and innate immunity. I hope that with my education and hard work, that I will attain this someday. In five years, I hope to hold a postdoc position in the LA area.

When I am not studying, the kids and I hang out at home, go out to the park and beach, read books, and play Rock Band. We love spending time together and I soak up every moment of it. I know one day, they will set their sails and begin their own journeys. I will always be there waiting for them to help, hold, console, and encourage.



Tiffany Ng Chen, MPH (UCLA-2006)



My husband fought for three years after he was first diagnosed with brain cancer at the age of 25. We had been dating for three years prior to his diagnosis and got married six months before he passed away. We endured more surgeries and hospitalizations than I care to count. We moved from Los Angeles to Houston as we pursued a clinical trial that we hoped would save his life. At the age of 27, I returned to California a devastated, broken-hearted widow. At times the pain of separation and loss was so unbearable I could barely breathe. Every exhale was like a silent scream of anguish.

I cannot pinpoint when I started to breathe normally again. I don't know if you could say that I'm completely over it because I still cry about him at times. All I know is that since my husband passed away on July 22, 2009, I have never been the same. I have also never been better.

I threw myself back into school and finished up my bachelor's in nursing. When I interviewed for my first nursing job five months after I came back from Houston, the manager asked if I would be okay with taking care of cancer patients. I started crying. Through my tears, I told her that there were two ways that I could handle the life circumstances that I'd been given. I could either stuff it in, try to ignore it, and wish it would go away, or I could use my experiences to help people. I've chosen to help people. I was hired and have been working at that job ever since.

This past January, I started a Doctorate of Nursing Practice program and hope to focus my capstone project on helping improve oncology inpatient stays and/or educate nurses or healthcare providers on how to care for cancer patients and their families. I think back to the lessons I learned at MTPCCR and remember that we are needed, as minorities, to represent our different cultures and our backgrounds. I think of this as more of the same. I am not only a Chinese American female; I am now also a nurse and a widow who has been deeply impacted by the devastation that cancer leaves in its wake, and I have a duty and a responsibility to use these experiences to help my patients, my co-workers, and my professional colleagues.



Vanessa Watts, PhD (UCLA-2005)

Hello! It has been 6 years since my MTPCCR summer internship in California and lots has changed in my life. As of spring 2009, I graduated from the Harvard School of Public Health, department of Society, Human Development and Health with a Doctorate of Science. After graduation, I spent a year as co-investigator on a project with my tribe and as an instructor at Montana State University. I then decided to further my training in community-based participatory research and health policy by accepting a 1-year post-doctoral fellowship from the Robert Wood Johnson Foundation Center for Health Policy at the University of New Mexico. As of August 2011, I have started a position as an assistant professor at the University of Iowa, College of Public Health in the Department of Community and Behavioral Health.

Last year as a postdoc, I wrestled with the idea of what was next. Professor? Tenure track or Research track? Health Department? Tribal Epidemiologist? I applied to jobs in all of the above categories. One of my considerations was balancing work and family. I know that many people who consider careers in academia worry about the balance between work and family. I am continuing to find ways to figure out that balance.

Managing that balance really started to hit me the year I met my husband while I was trying to study for my comprehensive exam. I married him after finishing my exams, and became pregnant the year I was completing my dissertation. That year was very busy. I was writing, teaching, working on a couple of research projects, and looking for post-doc funding. However, being pregnant is totally different than being a first time mom. So that year wasn't quite as overwhelming as my baby's first year. After having my baby, I realized that I cannot take on every project or request that comes my way.

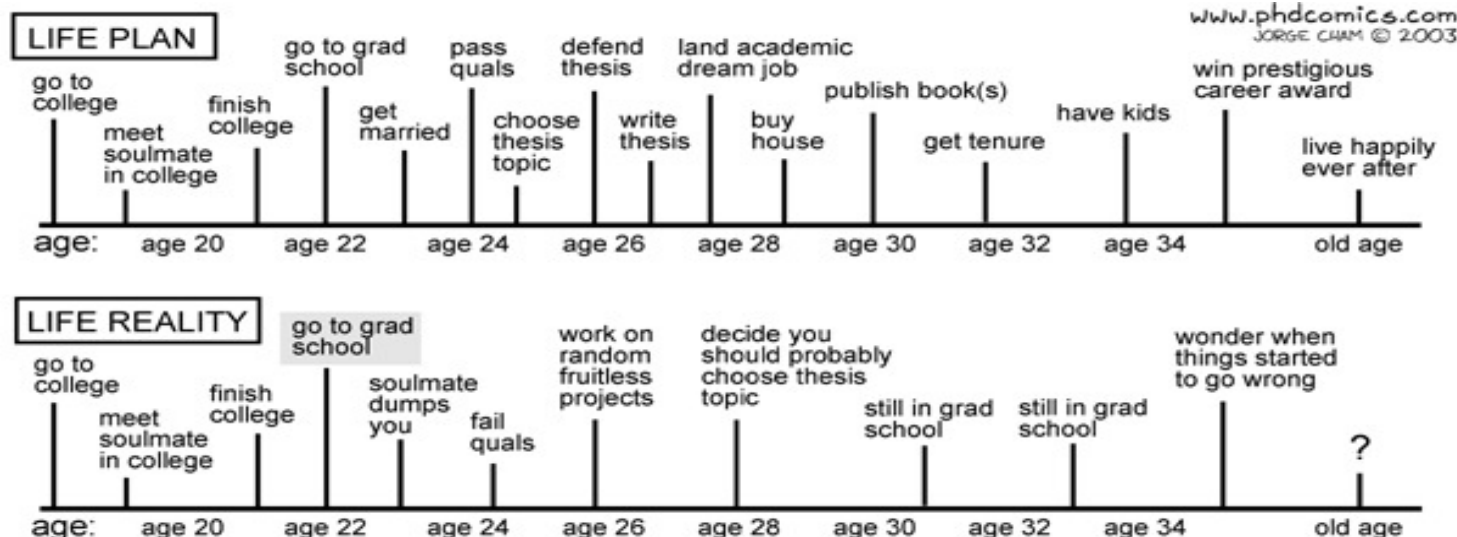
One of the best things about being in academia is that you have some flexibility with how your time is spent. During my son's first year, I cut back on my schedule and was able to bring him into the office every day to visit me. I even brought him along with me when I went to APHA. One of my students held him while I gave my presentation. I have been very lucky to find academic environments where my mentors have understood the importance of family commitments. I think that is essential when you choose a work environment. When I interviewed for my position at the University of Iowa, I asked to speak with junior faculty who had children. Based on their comments I decided that Iowa would be supportive of my family and me. Don't get me wrong, it is difficult to balance work and family, especially when you need to finish writing that manuscript, and as soon as you open your laptop your toddler is desperately trying to crawl into your lap and begging you to play. So you end up waiting until he's in bed and staying up half the night.

During my post-doc, when I had several looming deadlines for manuscripts, grant applications, and job applications, I was worried I would never get all of it done and still see my family in the evenings. Fortunately, my postdoc provided access to a staff member who specialized in time management. I realized I needed to maximize my productivity in an 8-5 day at the office so that I could minimize the time I have to spend in the evening finishing up projects. I was told when I started my faculty position that I should expect to work at least 50-60 hours a week. However, I have also been told by a couple of successful academics that it is really about managing those hours, like cutting down on email, Facebook, and other daily distractions. I recommend seeking out resources. Talk with colleagues who are parents and ask advice. I have searched for and utilized resources throughout my academic career (including attending the MTPCCR program) and I know how much it has helped me. If anyone has any questions for me please feel free to contact me. Maybe you want to do your doctorate here in Iowa? So far, Iowa City is actually a really cool place! I wish you all the best and hope to see you at APHA this year!



Piled Higher and Deeper by Jorge Cham

Title: "Life Plan vs. Life Reality" - originally published 8/28/2003



To enjoy more PhD Comics, please visit www.phdcomics.com



Congratulations to all of our Doctoral Graduates!

No.	Year	Site	Name	Degree Objective	Doctoral School	Department/Program
1	1999	UCSF	Kim Danforth	ScD	Harvard School of Public Health	Epidemiology
2	1999	UCSF	JaMuir Jonhson Robinson	PhD	Cornell University	Policy Analysis & Management
3	1999	UCSF	Mercy Wey	PhD	University of California, San Francisco	Nursing
4	1999	UCSF	Hui Zhang	PhD	Harvard University	Epidemiology
5	1999	UCSF	Emma Sanchez-Vaznaugh	ScD	Harvard School of Public Health	Health and Social Behavior
6	2000	UCSF	Nadine Chan	PhD	University of Washington	Health Services
7	2000	UCSF	Iona Cheng	PhD	University of Southern California	Epidemiology
8	2000	UCSF	Jill (Hen-Tzu) Lin	PhD	University of Washington in Seattle	Biomedical Informatics
9	2000	UCSF	Yumary Ruiz	PhD	Purdue University	Health Policy & Advocacy
10	2001	UCSF	Linda Dong	PhD	University of Washington	Epidemiology
11	2001	UCSF	Ai Kubo Shlonsky	PhD	Columbia University	Cancer Epidemiology
12	2001	UCSF	Ann Lazar	PhD	University of Colorado, Denver	Biostatistics
13	2001	UCSF	Nynikka Palmer	PhD	University of Texas Health Science Center	School of Public Health
14	2001	UCSF	Monique Sims	DrPH	University of California, Berkeley	Health Nutrition
15	2002	UCSF	Quan Gan	PhD	University of California, Berkeley	Environmental Health Sciences
16	2002	UCSF	Tracy Hilliard	PhD	University of Washington	Health Services
17	2002	UCSF	Gem Le	PhD	University of California, Berkeley	Epidemiology
18	2002	UCSF	Maria Magana	PharmD	University of California, San Francisco	Pharmacy
19	2002	UCSF	Monica McLemore	PhD	University of California, San Francisco	Nursing
20	2002	UCSF	Kim Nguyen	ScD	Harvard University	Society, Human Development, and Health
21	2002	UCSF	Whitney Robinson	PhD	University of North Carolina, Chapel Hill	Epidemiology
22	2002	UCSF	Sang Leng Trieu	DrPH	Loma Linda University	Health Education
23	2003	UCSF	Adebisi Adesina	DrPH	University of California, Berkeley	School of Public Health
24	2003	UCSF	Navid Hafez	MD	University of Wisconsin Madison School of Medicine and Public Health	School of Medicine
25	2003	UCSF	Aaron Kusano	MD	University of Washington	School of Medicine
26	2003	UCSF	Suepattra May	PhD	UCB/UCSF Joint Program	Medical Anthropology
27	2003	UCSF	Caroline Kapella	PhD	University of California, Davis	Cell and Tissue Biology

Continued on next page...



Congratulations to all of our Doctoral Graduates!

No.	Year	Site	Name	Degree	Doctoral School	Department/Program
28	2003	UCLA	La Shawnta Bell-Lewis	PhD	University of Cal, L.A.	Community Health Science
29	2003	UCLA	Ezinne Okoronkwo	MD	American University of Antigua College of Medicine	School of Medicine
30	2004	UCSF	Shalanda Bynum	PhD	University of South Carolina	Health, Promotion, Education and Behavior
31	2004	UCSF	Trisha Hue	PhD	University of California, Berkeley	Epidemiology
32	2004	UCLA	Barbara Baquero	PhD-JDP	UC San Diego/SDSU	Health Behavior
33	2004	UCLA	Michael Lipscomb	PhD/MPH	University of Pittsburg	Biomedical
34	2004	UCLA	Margaret Ochner	MD/PhD	University of Hawaii	Primary Care & Epidemiology
35	2004	UCLA	Nykiconia Preacely	DrPH	University, North Texas	Health Science Center
36	2004	UCLA	Rotrease Regan Yates	PhD	University of California, Los Angeles	Community Health Science
37	2005	UCSF	Tiffany Quock	PhD	University of California, Los Angeles	Health Services
38	2005	UCSF	Padmaja Magadala	PHD	North Western University	Nanomedicine/Pharmaceutical Sciences
39	2005	UCLA	Vanessa Watts Simonds	PhD	Harvard School of Public Health	Public Health
40	2005	UCSF	Erica Warner	Ph.D.	Harvard School of Public Health	Epidemiology
41	2006	UCSF	Peninah Kaniu	PhD	University of San Francisco	Psychology
42	2006	UCSF	Doug Melton	PhD	University of North Carolina, Chapel Hill	Health Policy & Administration
43	2006	UCLA	Sung-Shim Lani Park	PhD	University of California, Los Angeles	Epidemiology
44	2007	UCLA	Ndidi Amutah	PhD	University of Maryland	Maternal and Child Health



Showing MTPCCR Affiliation On Your Resume



Remember to toot your MTPCCR horn! You successfully competed in a national training program. This can be shown on your resume as:

Minority Training Program in Cancer Control Research Fellow, 19xx, UCxx

Answers to Colorectal Cancer Risk Quiz (page 6)

- False:** Asians are at a higher risk for colorectal cancer than Hispanics or American Indians/Alaska Natives, but at lower risk than Whites and African Americans.
- True:** Human and animal research studies suggest that diets high in total fat are associated with increased incidence of colorectal cancer.
- False:** More than 90 percent of people with colorectal cancer are diagnosed after age 50. Those approaching the age of 50 should start talking to their doctors about screening, but their current age does not necessarily put them at a greater risk.
- False:** Cigarette smoking is associated with an increased tendency to form adenomas (non-cancerous polyps) that can become cancerous. Not smoking decreases a person's risk for developing colorectal cancer.

Source: National Cancer Institute <http://www.cancer.gov>.



Congratulations to all of our Doctoral Students!

No.	Year	Site	Name	Degree	Doctoral School	Department/Program
1	1999	UCSF	Lori Sakoda	PhD	University of Washington	Epidemiology
2	2000	UCSF	Jeannie Celestial	PhD	Palo Alto University	Clinical Psychology
3	2000	UCSF	Gloria Giraldo	DrPH	University of California, Los Angeles	Community Health Sciences
4	2001	UCSF	Donna-Marie Palakiko	PhD	University of Hawaii at Manoa	School of Nursing
5	2001	UCSF	Annalyn Valdez Dadia	DrPH	University of California, Los Angeles	Health Services
6	2003	UCSF	Frederick Bauzon	PhD	Albert Einstein College of Medicine	Basic Cancer Biology
7	2003	UCSF	Christina Harris	PhD	Tulane University	Cell and Molecular Biology
8	2003	UCSF	Pamela Washington	DrPH	University of California, Berkeley	School of Public Health
9	2003	UCLA	Marina Alvarez	DrPH	University of California, Los Angeles	Public Health
10	2003	UCLA	Daisy Carreon	PhD	University of Cal. Irvine	Sociology
11	2003	UCLA	Darrah Kuratani	PhD	University of California, Los Angeles	Community Health Science
12	2003	UCLA	Rosana Leos	PhD	University of California, Los Angeles	Community Health Science
13	2003	UCLA	Romina Romero	PhD	UC San Diego/SDSU	Health Behavior
14	2004	UCSF	Claudia Aguado	PhD	University of South Florida	College of Public Health
15	2004	UCSF	Jennifer Garcia	PhD	University of California, Los Angeles	Community Health Sciences
16	2004	UCSF	A. Kilolo Harris Evans	PhD	University of Michigan	Health and Social Behavior
17	2004	UCSF	Karen Hill	PhD	University of California, San Francisco	Nursing
18	2004	UCSF	Nicole Kellier	PhD	Florida International University	Epidemiology
19	2004	UCSF	Jennifer Kue	PhD	Oregon State University	Health Promotion/Health Education
20	2004	UCSF	James Martinez	EdD	Columbia University	Department of Education
21	2004	UCSF	Jane Pham	PhD	University of California, Davis	Epidemiology
22	2004	UCSF	Herb Pierrie	PhD	University of California, San Francisco	Nursing
23	2004	UCSF	Ismaila Ramon	PhD	Walden University	Health Promotion and Education
24	2004	UCSF	Mijiza Sanchez	EdD	University of San Francisco	International and Multicultural Education
25	2004	UCLA	Yussif Mijirah Dokurugu	DrPH	Florida Agricultural And Mechanical University	Epidemiology
26	2004	UCLA	Jennifer Tsui	PhD	University of California, Los Angeles	Health Services
27	2005	UCSF	Jo Kay Ghosh	Ph.D.	University of California, Los Angeles	Epidemiology
28	2005	UCSF	Rilene Chew Ng	DrPh	University of California, Berkeley	Public Health
29	2005	UCSF	Savita Malik	EdD	San Francisco State University	Educational Leadership
30	2005	UCLA	Yasmin Asvat	DrPH	University of South Florida	Behavioral/Psychosocial Oncology

No.	Year	Site	Name	Degree	Doctoral School	Department/Program
31	2005	UCLA	Trinnette Cooper	PhD	PhD, North Carolina A&T State University	Interdisciplinary Leadership
32	2005	UCLA	Christine Ekenga	PhD	New York University	Environmental Health Science
33	2005	UCLA	Jude Haney	PhD	Southern A & M	Public Policy
34	2005	UCLA	Shelly Linell Harris	ScD	Tulane University SPH	Health Systems Management
35	2005	UCLA	Minal Rashmi Patel	PhD	University of California, Los Angeles	Health Science Center
36	2005	UCLA	Monica Elizabeth Rodriguez	PhD	Wayne State	Anthropology
37	2005	UCLA	Claradina Toya Soto	DrPH	University of Southern California	Health Behavior Research
38	2005	UCLA	Carmina Grace Valle	PhD	UNC Chapel Hill	Nutrition
39	2006	UCSF	Kassandra Alcaraz	PhD	Washington University	George Warren Brown School of Social Work
40	2006	UCSF	Dale Todicheeney	PhD	University of San Diego Hahn School of Nursing and Health Science	Nursing
41	2006	UCLA	Leila Family	PhD	UNC Chapel Hill	Epidemiology
42	2006	UCLA	Albert Farias	PhD	University of Washington	Health Services
43	2006	UCLA	Hector Guzman	DO	A.T. Still University, Arizona	School of Osteopathic Medicine
44	2006	UCLA	Jammie Hopkins	DrPH	University of California, Los Angeles	Community Health Sciences
45	2006	UCLA	Bahar Khanjari-Navab	PhD	University of California, Berkeley	Health services and policy analysis
46	2006	UCLA	Audrey Navarro	DDS/ PhD	UCLA School of Dentistry	DDS and PhD Oral Biology
47	2006	UCLA	Tiffany Ng Chen	PhD	Brandman University	Doctor of Nursing Practice
48	2006	UCLA	Sabrina Smiley	PhD	Howard University	Sociology & Anthropology
49	2007	UCSF	Sandra Arellano	PhD	University of New Mexico	College of Education/Language, Literacy, & Sociocultural Studies
50	2007	UCSF	Tabari Baker	PhD	Georgetown University	Tumor Biology
51	2007	UCSF	Heather Cole-Lewis	PhD	Yale University	Chronic Disease Epidemiology
52	2007	UCSF	Analilia Garcia	DrPH	University of California, Berkeley	School of Public Health
53	2007	UCSF	Jeneva Gularte	PhD	University of California, San Francisco	Nursing
54	2007	UCSF	Pamela Han	DMD	Western University of Health Sciences	College of Dental Medicine
55	2007	UCSF	Katrina Ellis	Ph.D.	University of Michigan	School of Public Health
56	2007	UCSF	Brionna Hair	PhD	University of North Carolina-Chapel Hill	Cancer Epidemiology
57	2007	UCLA	Mona AuYoung	DrPH	University of California, Los Angeles	Community Health Sciences
58	2007	UCLA	DeAnnah Byrd	DrPH	University of California, Los Angeles	Community Health Sciences
59	2007	UCLA	Songhee Cho	PhD	University of Southern California	epidemiology
60	2007	UCLA	Eva Durazo	PhD	University of California, Los Angeles	Community Health Sciences
61	2007	UCLA	Marjannie Eloi	PhD	University of California, Davis	Immunology
62	2007	UCLA	LaShanta Rice	PhD	University of South Carolina	Health Promotion, Edu & Behav
63	2007	UCLA	Vahe Shahnazarian	MD	Ross University	Medicine

No.	Year	Site	Name	Degree	Doctoral School	Department/Program
64	2008	UCSF	Kia Davis	PhD	Harvard University	Public Health
65	2008	UCSF	Sahar Nouredini	PhD	University of California, San Francisco	Community Health Systems, Nursing Program
66	2008	UCSF	Ulluminair Salim	PhD	University of California, San Francisco	Medical Sociology
67	2008	UCSF	Christopher Yopp	M.D.	University of Iowa	Medicine
68	2008	UCLA	Anna Loraine Agustin	PhD	University of Southern California	Biomedical & Biological Sciences
69	2008	UCLA	Anna Liza Antonio	DrPH	University of California, Los Angeles	Biostatistics
70	2008	UCLA	Sharee Anzaldo	PhD	University of California, Los Angeles	School of Nursing
71	2008	UCLA	Sula Hood	PhD	University of Louisville	Health Promotions
72	2008	UCLA	Chikarlo Leak	DrPH	University of California, Los Angeles	Community Health Sciences
73	2008	UCLA	Anna Munoz	MD	University of Southern California	Medical
74	2008	UCLA	Kylie Nguyen	PhD	University of New England	School of Health
75	2008	UCLA	Nadine Rodriguez	PhD	University of California, Santa Barbara	Molecular, Cellular & Dev Bio
76	2008	UCLA	Melanie Sabado	PhD	Claremont Graduate University	Health Promotion Science
77	2008	UCLA	Eastern Kang Sim	PhD	San Diego State University/University of California, San Diego	Global Public Health
78	2009	UCSF	Kristin Black	PhD	UNC Gillings School of Global Public Health	Public Health
79	2009	UCSF	Ryan Petteway	DrPH	University of California, Berkeley	Public Health
80	2009	UCSF	Gina Robinson	PhD	University of California, San Francisco	Nursing
81	2009	UCLA	Nirshila Chand	PhD	Claremont University	Public Health
82	2009	UCLA	Janine Gilkes	PhD	University of Florida	Interdisciplinary Programs in Bio-medical sciences
83	2009	UCLA	Daisy Le	PhD	University of Maryland	Public Health
84	2009	UCLA	Lesleigh Lee	PhD	University of South Carolina	Epidemiology
85	2009	UCLA	Queenie Leung	PhD	University of California, Los Angeles	Community Health Sciences
86	2009	UCLA	Rebekah Ngewa	DrPH	Loma Linda University	Preventative Care
87	2009	UCLA	Cha See	PhD	Walden University	Health Sciences
88	2009	UCLA	Suzanne Vang	PhD	University of Minnesota	Social Work
89	2009	UCLA	Gigi Kwok	DrPH	Loma Linda University	Preventative Care - Public Health
90	2010	UCSF	Sarah Bahreinfaar	PharmD	University of the Pacific	Pharmacy
91	2010	UCSF	Cathy Samayoa	PhD	University of Texas, Health Science Center, San Antonio	Cancer Biology
92	2010	UCLA	Sean Arayasirikul	PhD	Univ. of California, San Francisco	Social and Behavioral Sciences
93	2010	UCLA	Kristy Jones	DrPH	UAMS Fay W. Boozman College of Public Health	Public Health
94	2010	UCLA	Austin Nation	PhD	Univ. of California, San Francisco	Nursing
95	2010	UCLA	Donna Imelda Padilla-Frausto	PhD	University of California, Los Angeles	Community Health Sciences
96	2011	UCLA	Yasmin Cole-Lewis	PhD	University of Michigan	Education and Psychology

Summer Institute Class Photos

2009 UCSF



2009 UCLA



2010 UCSF



2010 UCLA



2011 UCSF



2011 UCLA



Say Hello to MyPlate!

On June 2, 2011, First Lady Michelle Obama and Agriculture Secretary Tom Vilsack unveiled the federal government's new food icon, *MyPlate*, to serve as a reminder to help consumers make healthier food choices. *MyPlate* is a new generation icon with the intent to prompt consumers to think about building a healthy plate at meal times and to seek more information to help them do that by going to www.ChooseMyPlate.gov. The new *MyPlate* icon emphasizes the fruit, vegetable, grain, protein and dairy food groups.

Balancing Calories

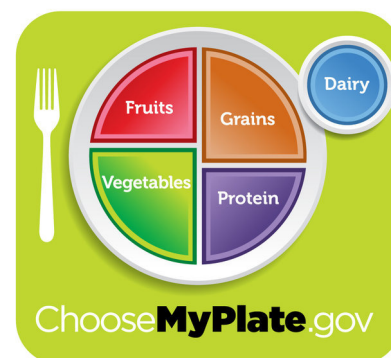
- Enjoy your food, but eat less.
- Avoid oversized portions.

Foods to Increase

- Make half your plate fruits and vegetables.
- Make at least half your grains whole grains.
- Switch to fat-free or low-fat (1%) milk.

Foods to Reduce

- Compare sodium in foods like soup, bread, and frozen meals — and choose the foods with lower numbers.
- Drink water instead of sugary drinks.



Source: USDA (<http://www.choosemyplate.gov/>)

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