



## UCSF Breast Care Center

# *Taste for the Cure: A Taste of Science* Resource Handout-October 2023

### **All of Us Research Program at UCSF**

The University of California at San Francisco is excited to be a part of the All of Us Research Program from the National Institutes of Health. All of Us is seeking one million or more people from across the U.S. to help speed up medical research. People who join will share information about their health, habits, and what it's like where they live. By looking for patterns, researchers will learn more about what affects people's health.

Website: <https://www.joinallofus.org/> (English), <https://www.joinallofus.org/es> (Spanish)

Contact Information: [AllofUs@ucsf.edu](mailto:AllofUs@ucsf.edu) or toll free: 833-AOU-UCSF (833-268-8273)

### **Attune™, created and provided by Blue Note Therapeutics**

Attune™, created and provided by Blue Note Therapeutics

- Blue Note Therapeutics is merging decades of cancer-specific behavioral science, psychology, and clinical expertise with digital innovation to transform yesterday's best in-person therapies into tomorrow's best digital therapies.
- Blue Note created attune™, a fully digital Class II medical device available by prescription only.
- Attune™ provides 10-sessions of clinically validated, cancer-specific, psychoeducation. Based on Cognitive Behavioral Stress Management (CBSM), attune™ treats anxiety and depression related to a patient's cancer diagnosis and treatment.

Website: Blue Note Therapeutics: <https://bluenotetherapeutics.com>; Attune™: <https://attunerx.com>

Contact Information: Mark W. Elfers, Head of Finance and Operations, Blue Note Therapeutics [marke@bluenotetx.com](mailto:marke@bluenotetx.com) or 415-237-1682 (mobile)

### **Bay Area Cancer Connections**

Bay Area Cancer Connections supports anyone affected by breast or ovarian cancer with personalized services that inform and empower.

Website: <https://www.bayareacancer.org/>

Contact Information: [info@bayareacancer.org](mailto:info@bayareacancer.org) or 650-326-6686

### **Bay Area Young Survivors (BAYS)**

Bay Area Young Survivors (BAYS) is a support and action group for young people in the SF Bay Area who are living with breast cancer. Through monthly support group meetings, an online network, and community-building events, BAYS members share information, experiences, and resources. Our goal is to break the isolation of living with breast cancer by providing a community built on compassion, understanding, hope, and inspiration.

Website: <https://www.baysnet.org/>

Contact Information: [bayareayoungsurvivors@yahoo.com](mailto:bayareayoungsurvivors@yahoo.com) or 628-400-2297

### **Breast Cancer Action**

*Breast Cancer Action's mission is to achieve health justice for all people at risk of and living with breast cancer.*

Website: <https://www.bcaction.org/>

Contact Information: [info@bcaction.org](mailto:info@bcaction.org) or 415-243-9301

### **Breast Cancer Straight Talk**

*Breast Cancer Straight Talk is a Peer-to-Peer 18K private Facebook Group for women with breast cancer. We are all ages, all Stages, all backgrounds, and hail from 98 different countries. Our members range in experience from those newly diagnosed to survivors who are 30 years out. Come join us!*

Website: <https://www.facebook.com/groups/Straighttalkbreastcancersupport>

Contact Information: Judith Mayer, Patient Advocate/Administrator: [jmayersf@gmail.com](mailto:jmayersf@gmail.com)

More information: Harvard University case study about Breast Cancer Straight Talk:

[https://ash.harvard.edu/files/ash/files/290699\\_hvd\\_ash\\_paper\\_lot\\_2\\_updated.pdf](https://ash.harvard.edu/files/ash/files/290699_hvd_ash_paper_lot_2_updated.pdf)

### **BreastCancerTrials.org**

*BreastCancerTrials.org helps women and men diagnosed with breast cancer learn about all their clinical trial options. Our national nonprofit offers the unique service of summarizing each clinical trial into easy-to-understand, patient-centered language. We provide free matching services to people with DCIS, stage I-III, and metastatic breast cancer. We strive to help everyone affected by breast cancer understand the variety of clinical trials available and what to expect if they choose to enroll.*

Website: [www.BreastCancerTrials.org](http://www.BreastCancerTrials.org)

Contact Information: [Help-Desk@bctrials.org](mailto:Help-Desk@bctrials.org)

### **California Breast Cancer Research Program (CBCRP)**

*The mission of the California Breast Cancer Research Program (CBCRP) is to prevent and eliminate breast cancer by leading innovation in research, communication, and collaboration in the California scientific and lay communities. CBCRP is a national leader in incorporating advocates into every aspect of grant funding. We are looking for advocates who want to partner with scientists to ensure that the research is relevant to all of us concerned about breast cancer, including those with the disease, families, and caregivers. CBCRP's definition of an advocate is very inclusive. Any person who is concerned about breast cancer and wants to be sure that we fund research that is relevant and most likely to have an impact is potentially an advocate for CBCRP-funded research projects. Check out our website to learn more about how you can become an advocate!*

Website: <https://www.cbcrp.org/approach/advocacy-involvement/resources-for-advocates.html>

Contact Information: [getinfo@CABreastCancer.org](mailto:getinfo@CABreastCancer.org)

### **California Health Maps**

*California Health Maps is an interactive, mapping website that provides cancer incidence rates and other statistics for geographies beyond the county-level to better serve cancer control, public health, and policy efforts. The project was developed by a multidisciplinary team and led by researchers from the University of California, San Francisco. California Health Maps includes 5-year and 10-year cancer incidence rates for 12 of the most common invasive cancer sites by sex and race/ethnicity. It also includes selected*

population sociodemographic data.

Website: <https://www.californiahealthmaps.org/>

Contact Information: [gbacr@ucsf.edu](mailto:gbacr@ucsf.edu)

### **Cancer Support Community San Francisco Bay Area (CSC)**

*CSC provides free of charge psychosocial support to people with cancer and their families. Services include professionally facilitated support groups, healthy lifestyle classes and educational workshops on a variety of topics of interest to people affected by cancer. All of our programs are taking place virtually. For more information, or to register to programs, please go to: [www.cancersupport.net](http://www.cancersupport.net). If you would like to speak with one of our staff members, please call us at 925-933-0107 and leave a message. Messages are regularly checked, and we will get back to you in a timely manner.*

Website: [www.cancersupport.net](http://www.cancersupport.net)

Contact Information: 925-933-0107

### **Dignitana**

*A patient's hair can be a major part of their identity, and many patients rate hair loss as one of the most devastating side effects of chemotherapy. Chemotherapy-induced hair loss is an unwelcome reminder of cancer, one that can negatively affect self-image, confidence, overall sense of well-being and a patient's attitude toward treatment. Hair loss is no longer inevitable. The DigniCap Scalp Cooling System is a proven approach to reduce hair loss from chemo that has been used successfully by thousands of patients worldwide to maintain privacy, self-esteem and control during a critical period of treatment.*

Website: [www.dignicap.com](http://www.dignicap.com)

Contact Information: [info@dignitana.com](mailto:info@dignitana.com)

### **Food For Life**

*Food for Life was created for cancer patients visiting the Ida Friend Infusion Center and Mission Bay UCSF in an effort to provide them with nourishing organic snacks and education during their infusion treatment. FFL educates patients and their families about the importance of healthier food choices through our learning library and nutrition handouts.*

*FFL supports a healthier environment that promotes healing, empowerment and the ability to make smart choices about overall wellness.*

Contact Information: [foodforlifeucsf@gmail.com](mailto:foodforlifeucsf@gmail.com)

### **Friend to Friend Specialty Shop at Mission Bay**

*The Friend to Friend Gift Shop at the UCSF Helen Diller Family Comprehensive Cancer Center is a one-stop boutique for cancer patients. Our trained fitters can help you find the perfect wig, post-surgical or mastectomy bras, comfortable headwear or stylish hats, turbans or scarves. Call to make an appointment for a personal shopping session. Friend to Friend has an ongoing partnership with Athleta, and when available, UCSF cancer patients who are able to travel to the Friend to Friend store at Mission Bay will be given a free Empower mastectomy bra, courtesy of Athleta.*

Website: [www.friend2friend.org](http://www.friend2friend.org)

Contact Information: Friend to Friend Gift Shop at Mission Bay; M-F, 9:30 a.m. to 4 p.m.; 1825 Fourth St., Room M1220, Lobby, Bakar Precision Cancer Medicine Building; San Francisco, CA 94158

### **Greater Bay Area Cancer Registry**

*The Greater Bay Area Cancer Registry (GBACR), housed at the University of California San Francisco,*

*gathers information about all cancers diagnosed or treated in a nine-county area. GBACR data helps researchers better understand cancer occurrence and survival in the Greater Bay Area. The GBACR is also used by researchers locally and nationally to study cancer causes, treatment, and prevention.*

*Website: <https://cancerregistry.ucsf.edu/>*

*Contact Information: [gbacr@ucsf.edu](mailto:gbacr@ucsf.edu)*

### **HERS Breast Cancer Foundation**

*HERS Breast Cancer Foundation is a 501(c)3 nonprofit organization that supports the unique needs of breast cancer survivors. HERS was established in 1998 with the mission of supporting all individuals healing from breast cancer by providing post-surgical products and fitting services regardless of financial status. We are “a soft place to fall” during one of the hardest times in our patients’ lives. We are known for our compassionate, professional fitting services and support, and our beautifully appointed Program Store Locations in Fremont, Pleasanton, and San Leandro. We fulfill our mission via several Assistance Programs which provide under-served breast cancer patients with access to post-surgical products that help them heal both physically and emotionally.*

*Website: <https://hersbreastcancerfoundation.org/>*

*Contact Information: Tina Fernandez Steckler, Executive Director [tinaf@hersbreastcancerfoundation.org](mailto:tinaf@hersbreastcancerfoundation.org), [info@hersbreastcancerfoundation.org](mailto:info@hersbreastcancerfoundation.org) or 510-790-1911*

### **JAM4JOY**

*JAM4JOY is Zumba instructors [Judy Young](#) and [Angie Shin](#). JAM4JOY builds community and encourages healthy movement through Zumba. Central to our mission is raising awareness about critical issues impacting our lives. We teach FREE virtual Zumba classes and hold Zumbathon fundraising events (when not in the middle of a pandemic) to raise money for important causes.*

*Website: <https://www.jam4joy2020.com/>*

*Contact Information: Sign up at <https://lp.constantcontactpages.com/su/finMJNT> to get our weekly schedule of classes.*

### **Lazarex Cancer Foundation**

*Who We Are- Lazarex Cancer Foundation is a publicly funded 501(c)3 nonprofit organization dedicated to improving the outcome of cancer care for advanced stage cancer patients and the medically underserved. Lazarex assists patients across the U.S. with all types of cancer, from all walks of life and all ages with a particular focus on helping those who are most vulnerable. Lazarex strives to create a sustainable platform of equitable and inclusive access to medical discovery for all cancer patients.*

*What We Do- At Lazarex Cancer Foundation we connect cancer patients to tomorrow’s cures today! We remove access barriers to clinical trials for all patients by providing assistance with out of pocket costs for FDA clinical trials, identifying clinical trial options, and participating in community outreach and engagement.*

*Website: <https://lazarex.org>*

*Contact Information: [info@lazarex.org](mailto:info@lazarex.org), [emiller@lazarex.org](mailto:emiller@lazarex.org) or 925-309-86641*

### **Maple Tree Cancer Alliance**

*WHY EXERCISE ONCOLOGY? The role of exercise in relieving cancer treatment related side effects has been extensively investigated and has produced promising results. Research indicates that the combination of aerobic exercise and strength training improves the quality of life and overall physical*

*fitness for cancer survivors.*

*Maple Tree Cancer Alliance® employs certified exercise oncology instructors who design a personalized, structured progression of cancer rehabilitation for each patient from the initiation of cancer treatment throughout cancer remission.*

*Website: <https://www.maple trecanceralliance.org/> The CORE & MORE Class is continuing to run virtually (plus more at the Osher Center) <https://www.ucsfhealth.org/services/core-and-more-class>*

*Contact Information: [jennifer.fedric@ucsf.edu](mailto:jennifer.fedric@ucsf.edu), [Karen@maple trecanceralliance.org](mailto:Karen@maple trecanceralliance.org)*

### **Nan Foster Health**

*Nan Foster is a certified integrative health coach specializing in functional medicine. Functional medicine is the specialty of uncovering root causes of chronic symptoms and diseases. Nan Foster's coaching and recommendations are personalized and based on a comprehensive review of a client's lab work, symptoms, diet, stressors and lifestyle choices. Incremental changes are recommended to encourage new healthy habits, reverse chronic inflammation and symptoms, and improve overall wellness. Nan is the author of *Gutsy: The Food-Mood Method to Revitalize Health Beyond Conventional Medicine* available on Amazon and through Nan's website.*

*Website: [www.nanfosterhealth.com](http://www.nanfosterhealth.com)*

*Contact Information: [nanfoster@comcast.net](mailto:nanfoster@comcast.net)*

### **Patient Support Corps**

*The Patient Support Corps is here to help you with three proven support strategies. Our pre-medical interns provide materials, services and referrals to help you with reviewing information, listing questions, and taking notes and audio-recording your appointment, with your provider's permission. Our services are provided free of charge. Contact us to see if a pre-medical intern is available for your next UCSF appointment.*

*Website: <https://healthpolicy.ucsf.edu/patient-support-corps>*

*Contact Information: [psc@ucsf.edu](mailto:psc@ucsf.edu) or 415-476-6004*

### **Pink Power@ the Peninsula Jewish Community Center**

*The PJCC has been providing excellent community programs to the greater Peninsula since 1948. Our breast cancer exercise program - Pink Power has been providing exceptional post-operative support to women from around the Bay Area since 2012.*

*Website: <https://pjcc.org/programs/pink-ribbon/>*

*Contact Information: Vicki McGrath, Fitness & Wellness Manager [vmcgrath@pjcc.org](mailto:vmcgrath@pjcc.org) or 650-378-2727*

### **Shanti's Margot Murphy Women's Cancer Program**

*Shanti's Margot Murphy Women's Cancer Program offers services to mitigate the barriers women face after a cancer diagnosis. Our program augments hospital-based care and reduces the social, economic, linguistic, and cultural barriers that many women face accessing, maintaining, and completing treatment and transitioning into survivorship. We provide free multilingual and culturally competent care navigation, emotional and practical support, and survivorship support. We collaborate closely with social workers and health providers to ensure that clients are able to remain engaged in their treatment and health-building services. We continually work with partners and conduct outreach to build new collaborations with care providers and social service organizations to connect our clients with the appropriate resources that address the continuum of medical and social services needs.*

Website: [www.shanti.org/mmwcp](http://www.shanti.org/mmwcp)

Contact Information: Ai May Tan, Program Director [atan@shanti.org](mailto:atan@shanti.org) or 415-674-4770

### **The Athena Health Network**

*The Athena Network is a state-wide collaboration of the UC Medical Centers, including UCSF. Athena brings together women, their doctors, specialists, and researchers to provide better breast health for every woman. Athena allows care providers to learn from all patients, rather than just the women they see directly or those who participate in clinical trials. Our mission is to save lives by transforming how we deliver care today, learn from our patients, create life-changing science, and improve screening and treatment tomorrow.*

Website: <http://www.athenacarenetwork.org/home>

Contact Information: [athenainfo@ucsf.edu](mailto:athenainfo@ucsf.edu) or 415-476-0256

### **The Cancer Cell Map Initiative (CCMI)**

*We aim to find new targets for cancer drugs and groups of cancer patients that benefit from these. We create cell maps that show how proteins work together in groups. We research how cancer itself, and cancer drugs change how proteins interact in these groups. We build computer models that can predict successful patient response to specific treatments.*

Website: <http://ccmi.org/>

Contact Information: [info@ccmi.org](mailto:info@ccmi.org)

### **The Rivkin Center**

*We believe research and education must work in tandem to fulfill our vision of women living longer and healthier lives because cancers are prevented, caught early, or cured. The Rivkin Center funds multiple programs including: ovarian cancer research grants to scientific investigators around the world, education and awareness for ovarian and breast cancer, and nationally and internationally attended research symposia on ovarian cancer.*

Website: [www.rivkin.org](http://www.rivkin.org)

Contact Information: To learn more about our Education Program contact [kayla.driscoll@rivkin.org](mailto:kayla.driscoll@rivkin.org). To learn more about our Scientific Research Program that funds ovarian cancer research to find a cure for this deadly disease contact [jackie.lang@rivkin.org](mailto:jackie.lang@rivkin.org).

### **The WISDOM Study**

*The WISDOM Study is a nation-wide trial led by Dr. Laura Esserman and the UC Medical Centers that is working to improve breast cancer screening, detection, and prevention. WISDOM is comparing annual mammograms to a more personalized risk-based approach to screening. WISDOM is currently enrolling women ages 40-74 who have never had breast cancer or DCIS. Be one of 100,000 women sharing their WISDOM!*

Website: <https://www.thewisdomstudy.org/>

Contact Information: [wisdom@ucsf.edu](mailto:wisdom@ucsf.edu), [wisdomcommunity@ucsf.edu](mailto:wisdomcommunity@ucsf.edu) or 855-729-2844

### **thesecondopinion**

*For over 50 years thesecondopinion has provided free, comprehensive second opinions to adults in California diagnosed with cancer. We are committed to helping every cancer patient understand their disease and available treatment(s) in their language and at their level of understanding - and remaining a resource for information after they have received a second opinion.*

Website: [www.thesecondopinion.org](http://www.thesecondopinion.org)

Contact Information: 415-775-9956

### **UCI Culinary Health Webinar Series: Understanding the Microbiome Series: "Fats and Keto Diet"**

UCI Susan Samueli Integrative Health Institute Culinary Health – Understanding the Microbiome Series is a 50-minute workshop based on the UCI School of Medicine Culinary Medicine curriculum. Each class alternates with Chancellor's Fellow and Associate Professor Katrine Whiteson, PhD, and UCI Health SSIHI Integrative and Herbal Medicine Practitioner Sanaz Demehry, PA-C, MS and includes a demonstration from UCI SSIHI Executive Chef Jessica VanRoo on a relevant meal. This presentation will be led by Katrine Whiteson, PhD, and SSIHI Executive Chef Jessica VanRoo.

Website: <https://ssihi.uci.edu/news-and-media/events/culinary-health-microbiome-series-fats-and-keto-diet/>

### **UCSF Breast Imaging Services at the John Muir Health/UCSF Health Berkeley Outpatient Center**

Now offering screening and diagnostic breast imaging service at the Berkeley Outpatient Service.

- Specialized Breast Radiologists
- 3D Tomosynthesis Mammography
- A greater chance for early detection
- Fewer false positives
- Comprehensive care in one location
- Conveniently serving women in Berkeley, Oakland, Emeryville and the surrounding areas

Website: <https://www.johnmuirhealth.com/locations/outpatient-center-berkeley/programs-services/imaging-services.html>

Contact Information: 510-985-5030

### **UCSF Cancer Genetics and Prevention Program**

Our services, designed for at-risk patients and their families, provide coordinated genetic screening, prevention education, and treatment. Based on family history and other risk factors, genetic counselors, nurse practitioners, and physicians provide an individualized risk management program for each patient, which includes recommendations for screening and options for preventive measures.

Website: <https://www.ucsfhealth.org/clinics/cancer-genetics-and-prevention-program>

Contact Information: 415-885-7779

### **UCSF Department of Radiology and the UCSF Breast Care Center**

This study is investigating the radiologic changes occurring in the knee and hand in breast cancer patients receiving aromatase inhibitors who either have or do not have joint pain. We are also recruiting post-menopausal women Without a history of breast cancer as a control population. Our goal is to better understand the mechanism of aromatase inhibitor induced joint pain. Participants will undergo an MRI of their hand and knee and receive \$50 Upon completion of the study.

Contact Information: Study Coordinator: Khadija Siddiqua, [Khadija.Siddiqua@ucsf.edu](mailto:Khadija.Siddiqua@ucsf.edu) or 415-476-4302

### **UCSF Global Cancer Program**

The burden of cancer is rising disproportionately in low- and middle-income countries (LMICs), where lack of infrastructure, limited access to treatment, and shortages of healthcare providers contribute to health outcomes that are significantly worse than in the United States. The UCSF Global Cancer Program's mission is to reduce the global cancer burden through innovative research, education, and

collaboration. Leveraging UCSF resources, the Global Cancer Program fosters effective collaborations between UCSF and our regional partners in Tanzania, Mexico, and Vietnam to improve cancer care in diverse populations around the world.

Website: <https://globalcancer.ucsf.edu/>

Contact Information: [globalcancer@ucsf.edu](mailto:globalcancer@ucsf.edu)

### **UCSF Hereditary Cancer Clinic**

Part of our Center for BRCA Research, the Hereditary Cancer Clinic offers patients and families with genetic mutations linked to hereditary cancers – such as mutations of the BRCA gene – personalized care and planning for their long-term health. The clinic provides: 1. Genetic counseling and testing for patients and families; and 2. Coordination of follow-up care, including cancer prevention and surveillance, and referrals to other specialty clinics at UCSF as needed.

Website: <https://www.ucsfhealth.org/clinics/hereditary-cancer-clinic>

Contact Information: 415-353-9797

(same as UCSF Cancer Genetics and Prevention Program)

### **UCSF Osher Center for Integrative Medicine**

The Osher Center provides public classes and healthcare that blends conventional and complementary approaches that focus on the whole-person wellness and empowerment. We now offer several Group Medical Visits focused on integrative cancer care.

Website: <https://osher.ucsf.edu>

Contact: [osher.center.communications@ucsf.edu](mailto:osher.center.communications@ucsf.edu) or 415-353-7700

### **UCSF Patient & Family Cancer Support Center**

Provides a service of connecting cancer patients, survivors, and caregivers resources to: wellness programs, support services, and community connections. Support is offered at diagnosis, during treatment, recovery, active surveillance, and survivorship.

Website: <https://cancer.ucsf.edu/support/crc/patient-support-center>

Contact Information: [cancersupportcenter@ucsf.edu](mailto:cancersupportcenter@ucsf.edu) or 415-885-3693; More information on-line at <http://cancer.ucsf.edu/events?xtags=Cancer%20Resource%20Center> and <https://cancer.ucsf.edu/support-services>

### **UCSF Survivorship Wellness Group Program**

Survivorship Wellness is an 8-week clinical program focused on helping survivors of cancer learn about, set goals, and practice skills to optimize their health and wellness after cancer treatment. In this group program, you will have the opportunity to learn from and practice with our cancer center dietitians, social workers, psychologists, chaplains, health coaches, and exercise counselors to set goals around nutrition, physical activity, managing stress, sleeping well, and promoting sexual, emotional, and spiritual wellness after cancer treatment. This program is specifically designed for UCSF patients who have concluded active treatment for cancer. Most insurance plans accepted. To learn more about the Survivorship Wellness Group Program, please call 415-353-3931

Website: <http://cancer.ucsf.edu/support/survivorship-wellness/>

Contact Information: 415-353-3931

### **Women's Cancer Resource Center (WCRC)**

For over 30 years, the Women's Cancer Resource Center has helped women with cancer and others



*improve their quality of life by promoting equitable access to cancer information, support and care. Our offerings include support groups, patient navigation, wellness workshops, an information helpline, and free therapy. In addition, we have volunteer opportunities for those who want to contribute to the health of the community. All of our services are provided free of charge.*

Website: <https://www.wcrc.org/>

Contact Information: Our email is [wcrc@wcrc.org](mailto:wcrc@wcrc.org) and our phone number is 510.601.4040.

### **Young Survival Coalition**

*Young Survival Coalition (YSC) strengthens the community, addresses the unique needs, amplifies the voice and improves the quality of life of young adults affected by breast cancer, locally, nationally and internationally.*

Website: <https://www.youngsurvival.org/>

Contact Information: [info@youngsurvival.org](mailto:info@youngsurvival.org), toll free 877-972-1011, Facebook: /youngsurvivalcoalition, Twitter: @YSCBuzz, Youtube: YSC YoungSurvival or Instagram: @youngsurvivalcoalition

### **Zero Breast Cancer**

*Zero Breast Cancer is working to prevent breast cancer, reduce the risk of recurrence, and improve health and quality of life in lower-income and under-served communities. We offer free online and print materials for:*

- *younger kids and their parents*
- *teens*
- *adults of all ages*
- *anyone ever diagnosed with breast cancer*

*Please check out our website and contact us to learn more about how we can lower our risk of breast cancer and live well after cancer. We hope you will join us for our 25th Anniversary Advancing Health Equity in Breast Cancer webinar series.*

Website: <https://www.zerobreastcancer.org/>

Contact Information: To find out more, please email us at [info@zerobreastcancer.org](mailto:info@zerobreastcancer.org)

### **Acknowledgements – A special thank you to our food vendors!**

#### **Beit Rima – Arabic Comfort Food**

Website: <http://beitrimasf.com/>

#### **Charles Chocolates**

*All natural. Handmade. Small batch.*

*Charles Chocolates began as one man's dedication to the art of chocolate, his pursuit of perfection and a complete passion for only the finest chocolates.*

Website: <https://www.charleschocolates.com/>

#### **Daily Driver**

*Daily Driver is a community-oriented destination serving organic wood-fired bagels, hand-batted organic butter & cream cheese, trade direct small batch coffee and much more.*

Website: <https://www.wcrc.org/>

**Morels and Standards - Chef Caleb Peyton's Cooking Demo**

*Morels and Standards is a Private Chef and Catering service based out of Oakland, California. Chef owned and operated we provide fresh and local food always keeping in mind what is in season. We specialize in California cuisine with big influences on French and Italian techniques.*

Website: <https://www.morelsandstandards.com/>