

Treatments and Side Effects of Cancer

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center.

Learn more about UCSF's supportive care programs at

<https://cancer.ucsf.edu/support/crc/patientsupport-center>

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210.

The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101. The complete list of Patient Education Resource Pages is available to view at

<http://cancer.ucsf.edu/support/crc/patient-education-resources>

Treatments

Medline Plus: Drugs, Herbs and Supplements

Website: <https://medlineplus.gov/druginformation.html>

National Cancer Institute: "Chemotherapy and You" (also in Spanish)

Website: www.cancer.gov/publications/patient-education/chemo-and-you

National Cancer Institute: "Radiation Therapy and You" (also in Spanish)

Website: www.cancer.gov/publications/patient-education/radiation-therapy-and-you

Book: Prepare for Surgery, Heal Faster: A Guide of Mind-Body Techniques by Peggy Huddleston (4th edition, 2012) Website: <https://healfaster.com/about-the-book>

Physical Side Effects

American Cancer Society: Managing Cancer-related Side Effects

Website: www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects.html

Cancer.Net: Managing Physical Side Effects

Website: www.cancer.net/coping-with-cancer/physical-emotional-and-social-effects-cancer/managing-physical-side-effects

National Cancer Institute: Side Effects (also in Spanish)

NCI offers an extensive library of information, including many full publications on various topics.

Website: www.cancer.gov/about-cancer/treatment/side-effects

Emotional Side Effect

American Cancer Society: Coping with Cancer

Website: www.cancer.org/treatment/treatments-and-side-effects/emotional-side-effects.html

Cancer.Net: Managing Emotions

Website: www.cancer.net/coping-with-cancer/managing-emotions

National Cancer Institute: Feelings and Cancer (also in Spanish)

Website: www.cancer.gov/about-cancer/coping/feelings