

Treatments and Side Effects of Cancer



UCSF Helen Diller Family
Comprehensive
Cancer Center

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at <https://cancer.ucsf.edu/support/crc/patient-support-center>

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

Treatments

Medline Plus: Drugs, Herbs and Supplements

Website: <https://medlineplus.gov/druginformation.html>

National Cancer Institute: “*Chemotherapy and You*” (also in Spanish)

Website: www.cancer.gov/publications/patient-education/chemo-and-you

National Cancer Institute: “*Radiation Therapy and You*” (also in Spanish)

Website: www.cancer.gov/publications/patient-education/radiation-therapy-and-you

Book: Prepare for Surgery, Heal Faster: *A Guide of Mind-Body Techniques* by Peggy Huddleston (4th edition, 2012)

Website: <https://healfaster.com/about-the-book>

Physical Side Effects

American Cancer Society: Managing Cancer-related Side Effects

Website: www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects.html

Cancer.Net: Managing Physical Side Effects

Website: www.cancer.net/coping-with-cancer/physical-emotional-and-social-effects-cancer/managing-physical-side-effects

National Cancer Institute: Side Effects (also in Spanish)

NCI offers an extensive library of information, including many full publications on various topics. Website: www.cancer.gov/about-cancer/treatment/side-effects

Emotional Side Effect

American Cancer Society: Coping with Cancer

Website: www.cancer.org/treatment/treatments-and-side-effects/emotional-side-effects.html

Cancer.Net: Managing Emotions

Website: www.cancer.net/coping-with-cancer/managing-emotions

National Cancer Institute: Feelings and Cancer (also in Spanish)

Website: www.cancer.gov/about-cancer/coping/feelings

This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.