Young Adults (ages 15–39)

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF’s supportive care programs at [www.cancer.ucsf.edu/crc](http://www.cancer.ucsf.edu/crc).

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of **Patient Education Resource Pages** is available to view at [http://cancer.ucsf.edu/support/crc/patient-education-resources](http://cancer.ucsf.edu/support/crc/patient-education-resources).

The **Fishbon Library** connects patients and families with trusted health information. [https://fishbon.ucsfmedicalcenter.org](https://fishbon.ucsfmedicalcenter.org)

**Publications**

- **National Comprehensive Cancer Network**: “NCCN Guidelines for Patients: Adolescents and Young Adults”
  [www.nccn.org/patients/guidelines/cancers.aspx#aya](http://www.nccn.org/patients/guidelines/cancers.aspx#aya)

- **The Ulman Cancer Fund for Young Adults**: “No Way, It Can’t Be: A Guidebook for Young Adults Facing Cancer”
  [http://ulmanfund.org/publications](http://ulmanfund.org/publications)

**Websites**

- **DAM–CANCER Foundation**: Named for David Andrew “Pooh” Maddan, DAM–CANCER provides financial assistance to young adults (ages 18–35) diagnosed with cancer.
  [www.dam–cancer.org](http://www.dam–cancer.org)

- **Lacuna Loft**: Lacuna Loft provides online wellness support programs and resources, lifestyle encouragement, and peer support community that young adults need to overcome their challenging health and life circumstances, and thrive.
  [https://lacunaloft.org](https://lacunaloft.org)

- **The Sam Fund for Young Adult Survivors of Cancer**: Offers direct financial support through grants and scholarships to young adults as they transition into their post-treatment lives.
  [www.thesamfund.org](http://www.thesamfund.org)
**Stupid Cancer**
Stupid Cancer is the largest support community for young adults with cancer. The website has forums and links to numerous resources, including support groups, retreats and financial assistance.
www.stupidcancer.org

**The Ulman Cancer Fund for Young Adults**
Provides resources such as patient navigation services, one-on-one support, online resources, videos, publications and a college scholarship program.
http://ulmanfund.org 1-410-964-0202

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This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available. Please contact paul.asfour@ucsf.edu with updates or corrections.