

# Bladder Cancer



UCSF Helen Diller Family  
Comprehensive  
Cancer Center

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at <https://cancer.ucsf.edu/support/crc/patient-support-center>

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

## Overview

The wall of the bladder is lined with cells called transitional cells and squamous cells. More than 90 percent of bladder cancers begin in the transitional cells. This type of bladder cancer is called transitional cell carcinoma. About 8 percent of bladder cancer patients have squamous cell carcinomas. Fortunately, the majority of bladder cancers do not grow rapidly and can be treated without major surgery. Thus, most patients with bladder cancer are not at risk of developing a cancer that will spread and become life threatening. Early detection is vital; it allows the prompt treatment that gives patients the best chance for a favourable outlook.

Website: <https://www.ucsfhealth.org/conditions/bladder-cancer>

## UCSF Resources

### UCSF Genitourinary Medical Oncology Clinic

Home to some of the country's leading specialists in cancers of the genital and urinary systems. We provide the full spectrum of care, including screening exams, transrectal ultrasound and biopsy, diagnostic imaging, second opinions and treatments ranging from surgery to radiation therapy. The clinic also offers education and support groups. In addition, patients may have access to the latest experimental therapies by participating in clinical trials.

Website: <https://www.ucsfhealth.org/clinics/genitourinary-medical-oncology> | Phone Number: (415) 476-4616



## UCSF Urologic Surgical Oncology Clinic

We provide a wide range of services, including screening exams, diagnostic imaging, transrectal ultrasound and biopsy, second opinions and treatments ranging from surgery to radiation therapy. We also offer patient education and support groups. UCSF is home to a large research program dedicated to improving cancer prevention, diagnosis and treatment. Interested patients may have the option to join a clinical trial investigating potential new treatments. Website:

<https://www.ucsfhealth.org/clinics/urologic-surgical-oncology-clinic> | Phone Number: (415) 353-7171

## Publications

American Cancer Society: “Bladder Cancer”

Website: <https://www.cancer.org/cancer/bladder-cancer.html>

National Cancer Institute: “Bladder Cancer”

Website: <https://www.cancer.gov/types/bladder>

## Organizations

American Bladder Cancer Society

ABLCS website is run by bladder cancer survivors. Provides discussion forums and blogs to connect with others and ask questions.

Website: <http://www.bladdercancersupport.org/> Phone Number: 888-413-2344

American Cancer Society (ACS) – Bladder Cancer

At the American Cancer Society, we’re on a mission to free the world from cancer. Until we do, we’ll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/bladder-cancer.html> Phone Number: 800.227.2345

Bladder Cancer Action Network

BCAN provides an online support community, information about local support groups and inspirational stories. They offer an excellent patient handbook “Bladder Cancer Basics for the Newly Diagnosed” which is available for free by request.

Website: <http://www.bcan.org/> | Phone Number: 888-901-2226

Cancer.Net – Bladder Cancer

This is Cancer.Net’s Guide to Bladder Cancer.

Website: <https://www.cancer.net/cancer-types/bladder-cancer>



## Cancer Support Community – Bladder Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.cancersupportcommunity.org/bladder-cancer> | Phone Number: 888-793-9355

## Medline Plus: Trusted Health Information for You - Bladder Cancer

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/bladdercancer.html>

## National Cancer Institute - Bladder Cancer

The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute's cancer mission. Website: <https://www.cancer.gov/types/bladder>

## National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org/about/> | Phone Number: 212-675-2633

*This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.*

