

Brain Tumors

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center.

Learn more about UCSF's supportive care programs at

<https://cancer.ucsf.edu/support/crc/patientsupport-center>

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210.

The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at

<http://cancer.ucsf.edu/support/crc/patient-education-resources>

Overview

Early diagnosis can be an important factor in the outcome of tumors in the brain. Brain tumors are the second leading cause of cancer death in children under age 15 and the second fastest growing cause of cancer death among those over age 65. Over the next year, more than 100,000 people in the United States will be diagnosed with a brain tumor - Website:

<https://www.ucsfhealth.org/conditions/brain-tumor>

Types of Brain Tumors

Primary Brain Tumors:

Tumors that begin in brain tissue are known as primary brain tumors and are classified by the type of tissue in which they originate. The most common brain tumors are gliomas, which begin in the glial or supportive tissue. There are several types of gliomas: Astrocytomas, Brain stem gliomas, Ependymomas, Oligodendrogliomas, Medulloblastomas, Meningiomas, Schwannomas, Craniopharyngiomas, Germ cell tumors, Pineal regions tumors Website:

<https://www.ucsfhealth.org/conditions/brain-tumor>

Secondary Brain Tumors

Metastasis is the spread of cancer. Cancer that begins in other parts of the body may spread to the brain and cause secondary tumors. These tumors are not the same as primary brain tumors. Cancer that spreads to the brain is the same disease and has the same name as the original or primary cancer. For example, if lung cancer spreads to the brain, the disease is called metastatic lung cancer because the cells in the secondary tumor resemble abnormal lung cells, not abnormal brain cells.

Treatment for secondary brain tumors depends on where the cancer started and the extent of the

spread as well as other factors, including the patient's age, general health and response to previous treatment Website: <https://www.ucsfhealth.org/conditions/brain-tumor>

UCSF Resources

UCSF Neuro-Oncology Gordon Murray Caregiver Program

The dedicated caregiver staff is here to support family members and friends of our patients throughout their caregiving journey. The website includes many resources, educational materials and lectures, and upcoming events.

Website: <https://braintumorcenter.ucsf.edu/support/caregiver> | Phone Number: (415) 514-5674

Sheri Sobrato Brain Cancer Survivorship Program

Offers both individual consultation and group instruction to help brain tumor survivors identify and achieve their wellness goals and improve quality of life. Includes cognitive rehabilitation, peer support, community connection, wellness programming, special events and a comprehensive resource library.

Website: <https://braintumorcenter.ucsf.edu/support/survivorship> | Phone Number: (415) 514-3421

UCSF Brain Tumor Center

The mission of the Brain Tumor Center is to provide the best possible care for our patients, and be at the leading edge of new treatments for brain tumors.

Website: <https://braintumorcenter.ucsf.edu/why-choose-ucsf-brain-tumor-care> | Phone Number: (415) 353-2966

Publications

American Brain Tumor Association Publications

ABTA offers numerous educational publications on specific topics related to brain tumors, including “About Brain Tumors: A Primer for Patients and Caregivers.”

Website: <https://www.abta.org/product/about-brain-tumors-a-primer-for-patients-caregivers/>

Organizations

American Cancer Society (ACS)

At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/brain-spinal-cord-tumors-adults> | Phone Number: 800.227.2345

American Brain Tumor Association

ABTA supports the needs and improvement of lives of patients and caregivers. Website includes numerous educational publications, information about diagnosis, treatment, side effects and webinars. Website: www.abta.org | Phone Number: 1-800-886-2282

Cancer Support Community – Brain and Spinal Cord Tumors

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.cancersupportcommunity.org/brain-and-spinal-cord-tumors> | Phone Number: 888-793-9355

The Healing Exchange Brain Trust

T.H.E. Brain Trust supports people affected by brain cancer through online support groups.

Website: <https://braintrust.org> | Phone Number: 1-877-252-8480

Medline Plus: Trusted Health Information for You – Brain Tumors

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/braintumors.html>

National Brain Tumor Society

NBTS advocates for better treatments and a cure for people living with brain tumors.

www.braintumor.org | Phone Number: (617) 924-9997

National Cancer Institute

The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute's cancer mission. Website: <https://www.cancer.gov/types/brain>

National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more

culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org/about/> | Phone Number: 212-675-2633

Triage Cancer

Triage Cancer is a national, nonprofit organization that provides free education on the legal and practical issues that may impact individuals diagnosed with cancer and their caregivers, through events, materials, and resources. Website: <https://triagecancer.org/>

Books

A Tiny Boat at Sea: How to Help Children Who Have a Parent Diagnosed with Cancer by Izetta Smith

Website: https://books.google.com/books/about/A_Tiny_Boat_at_Sea.html?id=JSI_GwAACAAJ

Musella – Foundation for Brain Tumor Research & Information Inc.

This is a list of some of the books the Musella team have found useful. They are rated on a scale of 0 to 10 (with 10 the best) by patients and caregivers.

Website: <https://virtualtrials.org/books.cfm> | Phone Number: (888) 295-4740