

# Male Breast Cancer



UCSF Helen Diller Family  
Comprehensive  
Cancer Center

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at <https://cancer.ucsf.edu/support/crc/patient-support-center>

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101. (MZ. Zion location is currently not open for walk-ins)

The complete list of Patient Education Resource Pages is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

## Overview

Although it is rare, men can get breast cancer as well. About 1 in every 100 breast cancer diagnosis in the United States is found in a man. The most common kinds of breast cancer in men are the same kinds in women. Breast Cancer in men can occur at all ages but typically occur between 60 to 70 years of age. <https://surgery.ucsf.edu/conditions--procedures/male-breast-cancer.aspx>

## UCSF Resources

### UCSF Carol Franc Buck Breast Care Center

UCSF Health's breast care clinics provide preventive, diagnostic and treatment services in a warm, caring environment. We address all breast health concerns and conditions, including all types of breast cancer. We are committed to delivering innovative, comprehensive care that's tailored to each patient's needs, wishes and type of cancer. As a national leader in breast care research, we also focus on discovering safer and more effective prevention and treatment approaches. Our patients are among the first to benefit from new discoveries. To make it easier for patients to access advanced breast care wherever they live, we have locations throughout the Bay Area. Website: <https://www.ucsfhealth.org/clinics/breast-care-center>  
Phone Number: 415-353-7070

## Publications

Cancer.Net

This is Cancer.Net's Guide to Breast Cancer in Men

Website: [Breast Cancer in Men](#) | [Male Breast Cancer](#) | [American Cancer Society](#)



CDC: Center of Disease Control and Prevention: “Breast Cancer in Men”

Website: <https://www.cdc.gov/cancer/breast/men/index.htm>

John Hopkins Medicine: “About Breast Cancer in Men”

Website: <https://www.hopkinsmedicine.org/health/conditions-and-diseases/breast-cancer/about-breast-cancer-in-men>

National Cancer Institute

“Male Breast Cancer Treatment” Website: <https://www.cancer.gov/types/breast/patient/male-breast-treatment-pdq>

Susan G. Komen Breast Cancer Foundation

“Male Breast Cancer” Website: <https://www.komen.org/breast-cancer/facts-statistics/male-breast-cancer/>

UCSF Cancer Resource Center

“Nutrition & Breast Cancer”

Website: [http://cancer.ucsf.edu/docs/crc/nutrition\\_breast.pdf](http://cancer.ucsf.edu/docs/crc/nutrition_breast.pdf)

## Organizations

ABCD (After Breast Cancer Diagnosis)

Features Match Mentoring, a one-on-one peer support program for patients, families and friends by telephone. Website: <http://www.abcdbreastcancersupport.org>

Phone Number: 800-977-4121

American Cancer Society (ACS) – Breast Cancer in Men

At the American Cancer Society, we’re on a mission to free the world from cancer. Until we do, we’ll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/breast-cancer-in-men.html>

Phone Number: 800-227-2345

Bay Area Cancer Connections

BACC provides education and personalized support services such as support groups, classes, “The Boutique,” buddy program and helpline. Located in Palo Alto, but services are available to anyone. All services are free.

Website: <http://bccconnections.org> Phone Number: 650-326-6686

Breast Cancer Action

Grassroots education and advocacy group which works toward more effective and less toxic treatments; decreasing environmental exposures that put people at risk for breast cancer; creating awareness of causes leading to disparities in outcomes

Website: <http://bcaction.org> Phone Number: 877-278-6722



## Breastcancer.org

Provides reliable, complete and up-to-date information about all aspects of breast cancer. Website: [www.breastcancer.org](http://www.breastcancer.org)

## BreastCancerTrials.org

Helps people find studies that are right for them. Lists all US-based clinical trials that are currently open. Website: <http://www.breastcancertrials.org> Phone Number: 415-476-5777

## HIS Breast Cancer Awareness

HIS's mission is to increase awareness and hence the early detection for all men and to help those who are at high risk due to genetics and other risk factors to gain access to regular screenings. Through their efforts they hope to increase all studies and trials to include men for Diagnostics, Hormonal, Immunotherapy and Genetics, gaining a true understanding of how this disease progresses in men, how it conflicts with that of a woman, and the best course of treatment. They offer a Male Breast Cancer Blog where those affected, and their loved ones can learn more and connect with others who have or know someone who has a male breast cancer diagnosis. Website: <https://www.hisbreastcancer.org>

## Living Beyond Breast Cancer

LBBC focuses on providing trusted breast cancer information and creating community both online and through events. Helpline calls are answered by people who have experienced breast cancer. Website: <http://www.lbbc.org> Phone Number: 888-753-5222

## Male Breast Cancer Happens

Stories, resources, news, and events by and for men with breast cancer. Website: <https://malebreastcancerhappens.org>

## Medline Plus: Trusted Health Information for You – Breast Cancer in Men

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/malebreastcancer.html>

## National Cancer Institute – Breast Cancer in Men

The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute's cancer mission. Website: <https://www.cancer.gov/types/breast/patient/male-breast-treatment-pdq>



## National LGBTQIA+Cancer Network

The National LGBTQIA+ Cancer Network works to improve the lives of LGBTQIA+ cancer survivors and those at risk by: EDUCATING the LGBTQIA+ community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBTQIA+ survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org/about> Phone Number: 212-675-2633

## National Lymphedema Network

NLN provides education and guidance to lymphedema patients, health care professionals, and the general public. Website: [www.lymphnet.org](http://www.lymphnet.org) Phone Number: 646-722-7410

## Triple Negative Breast Cancer Foundation

Helpline, forums, news, tips and information.

Website: <https://tnbcfoundation.org> Phone Number: 877-880-8622

## Books

**Male Breast Cancer: Taking Control** by John Boyages (2014)

*This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.*



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