# Patient Education Resources from UCSF Comprehensive Cancer Center

# Comprehensive Cancer Center

# **Head and Neck Cancers**

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center. Learn more about UCSF's supportive care programs at <a href="https://www.cancer.ucsf.edu/crc">www.cancer.ucsf.edu/crc</a>.

The **Cancer Support Center at Mission Bay** is located at 1825 4<sup>th</sup> St., 1<sup>st</sup> Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1<sup>st</sup> Floor, Room B-101.

The complete list of **Patient Education Resource Pages** is available to view at <a href="http://cancer.ucsf.edu/support/crc/patient-education-resources">http://cancer.ucsf.edu/support/crc/patient-education-resources</a>

# **Publications**

# **American Cancer Society**

www.cancer.org/cancer/all-cancer-types.html

NOTE: Scroll to find information about the type of cancer you wish to learn about.

Cancer.Net: "Head and Neck Cancer"

www.cancer.net/cancer-types/head-and-neck-cancer

#### National Cancer Institute:

- "Head and Neck Cancers"
   www.cancer.gov/types/head-and-neck/head-neck-fact-sheet
- "Laryngeal Cancer Treatment"
   www.cancer.gov/types/head-and-neck/patient/adult/laryngeal-treatment-pdq
- "Lip and Oral Cavity Cancer Treatment" www.cancer.gov/types/head-and-neck/patient/adult/lip-mouth-treatment-pdq

# **Organizations**

#### **Head and Neck Cancer Alliance**

HNCA offers information and support, including news, articles, helpline, online community, and participation in "Your Cancer Game Plan."

www.headandneck.org

1-866-916-5107

## **International Association of Laryngectomees**

IAL is a voluntary organization of 250 member clubs for people with laryngectomies. The clubs are referred to as "Lost Chord" or "Nu Voice" clubs. IAL sponsors meetings and conferences.

www.theial.com

## **The Oral Cancer Foundation**

Provides information, support and advocacy for people with oral cancers. http://oralcancerfoundation.org 1-949-723-4400

# SPOHNC: Support for People with Oral and Head and Neck Cancer

SPOHNC organizes a nationwide network of support groups available to patients. The website offers educational information, resources and links, and the latest news.

http://spohnc.org 1-800-377-0928

# WebWhispers

WebWhispers is an international internet support group for people with throat cancer and laryngectomy rehabilitation to share support. The website has a section for the public and a section for members only.

www.webwhispers.org