

# Lung Cancer



UCSF Helen Diller Family  
Comprehensive  
Cancer Center

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at <https://cancer.ucsf.edu/support/crc/patient-support-center>

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

## Overview

Lung cancer is the growth of abnormal cells in one or both lungs. These cells can multiply rapidly and turn into tumors that interfere with the function of the lungs and, eventually, spread to other parts of the body. Lung cancer is the second most common kind of cancer diagnosed in the United States, and accounts for nearly a third of all cancer deaths. Most people who get lung cancer were cigarette smokers, but non-smokers get it too. Exposure to radon, asbestos, and secondhand smoke are also risk factors. In some cases, there is no known cause. One of the challenging aspects of lung cancer is that it may be years before symptoms emerge. By the time it's diagnosed, about half the patients have cancer that's already spread outside the lungs. Website:

<https://www.ucsfhealth.org/conditions/lung-cancer>

## UCSF Resources

### UCSF Thoracic Surgery and Oncology Clinic

The UCSF Thoracic Surgery and Oncology Clinic offers state-of-the-art diagnosis and treatment for lung cancer and other conditions related to the lungs, chest and esophagus. Our team of surgeons, medical oncologists and radiation oncologists works together closely to ensure that each patient receives comprehensive care. Our surgeons are highly skilled in minimally invasive techniques, including robot-assisted surgery, performed at UCSF since 2016. After surgery, patients receive care in our Thoracic Enhanced Recovery After Surgery Program. Bringing together a team of experts from different disciplines, this program follows a protocol before, during and after chest surgery that has been shown to decrease complications and improve results. Website: <https://www.ucsfhealth.org/clinics/thoracic-surgery-and-oncology> | Phone Number: 415-885-3882



## Publications

American Cancer Society: “Lung Cancer”

Website: [www.cancer.org/cancer/lung-cancer.html](http://www.cancer.org/cancer/lung-cancer.html)

American Cancer Society: “Malignant Mesothelioma”

Website: <http://www.cancer.org/cancer/malignant-mesothelioma.html>

Cancer Support Community: “Speaking Frankly about Lung Cancer”

Website: <https://orders.cancersupportcommunity.org>

Lung Cancer Alliance: Lung Cancer Educational Materials

Website: <https://lungcanceralliance.org/resources-and-support/general-support/educationalmaterials>

## Organizations

American Cancer Society (ACS) – Lung Cancer

At the American Cancer Society, we’re on a mission to free the world from cancer. Until we do, we’ll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/lung-cancer.html> | Phone Number: 800.227.2345

Caring Ambassadors Lung Cancer Program

Helps improve the lives of those affected by lung cancer through advocacy, information and support. Website offers biannual newsletter, monthly medical review and webinars. Website:

[www.lungcancercap.org](http://www.lungcancercap.org) | Phone Number: 503-632-9032

Cancer.Net – Lung Cancer – Non-Small and Small Cell

This is Cancer.Net’s Guide to Lung Cancer – Non-Small Cell and Small Cell

Website: <https://www.cancer.net/cancer-types/lung-cancer-non-small-cell>

Website: <https://www.cancer.net/cancer-types/lung-cancer-small-cell>

Cancer Support Community – Lung Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.cancersupportcommunity.org/lung-cancer> | Phone Number: 888-793-9355



## GO2 Foundation for Lung Cancer

The Lung Cancer Alliance (LCA) (<https://lungcanceralliance.org>) and The Bonnie J. Addario Lung Cancer Foundation (ALCF) ([www.lungcancerfoundation.org](http://www.lungcancerfoundation.org)) have combined as the GO2 Foundation for Lung Cancer. GO2 is a primary source of educational information, news and supportive services for people with lung cancer. Several programs include peer-to-peer matching, support group locator, clinical trials matching, educational materials and a helpline. Website: <https://go2foundation.org> | Phone Number: 800-298-2436

## Lung Cancer Research Foundation

LCRF's mission is to work toward increased lung cancer survival. They offer information about events, patient education, research updates, personal stories and a patient support line.

Website: [www.lungcancerresearchfoundation.org](http://www.lungcancerresearchfoundation.org) | Phone Number: 800-298-2436

## Medline Plus: Lung Cancer

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/lungcancer.html>

## Mesothelioma Applied Research Foundation (Meso Foundation)

The Meso Foundation is a nonprofit collaboration of patients, physicians, advocates, and researchers working toward a cure for mesothelioma. They offer education about mesothelioma, up-to-date treatment options, and emotional support and community with others. Website:

[www.curemeso.org](http://www.curemeso.org) | Phone Number: 877-363-6376

## National Cancer Institute – Lung Cancer

Website: <https://www.cancer.gov/types/lung>

## National Comprehensive Cancer Network: Lung Cancer Webinar

Website: <https://www.nccn.org/patientresources/patient-resources/lung-cancer>

## National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org/about/> | Phone Number: 212-675-2633

*This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.*

