# Liver Cancer

**UCSF** Helen Diller Family Comprehensive Cancer Center

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center. Learn more about UCSF's supportive care programs at https://cancer.ucsf.edu/support/crc/patient-support-center

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101 (MZ. Zion location is currently not open for walk-ins)

The complete list of Patient Education Resource Pages is available to view at <a href="http://cancer.ucsf.edu/support/crc/patient-education-resources">http://cancer.ucsf.edu/support/crc/patient-education-resources</a>

# Overview

Cancer of the liver, which may be primary or secondary cancer, involves an uncontrolled growth of cells. Primary cancer arises within the liver and in its early stages exists only in the liver. Secondary liver cancer, also called metastatic cancer, originates in another organ, such as the colon, stomach, pancreas or breast and then spreads to the liver. Because secondary cancer is present in at least two organs, the treatment possibilities are more limited than for primary liver cancer. Learn more about signs, symptoms, diagnosis, treatment, and other information at the link provided. Website: <a href="https://www.ucsfhealth.org/conditions/liver-cancer">https://www.ucsfhealth.org/conditions/liver-cancer</a>

# **UCSF** Resources

# UCSF Gastrointestinal Medical Oncology/Surgery Clinic

The clinic offers the most advanced and effective treatments available for cancerous as well as benign gastrointestinal conditions. These include conditions involving the anus, bile duct, colon, esophagus, gallbladder, liver, pancreas, peritoneal cavity, rectum, small intestine, spleen and stomach. Website: <u>https://www.ucsfhealth.org/clinics/gastrointestinal-medical-oncology-clinic</u> | Phone Number: (415) 353-9888

# **Publications**

ACS "Liver Cancer" (also in Spanish) Website: https://www.cancer.org/cancer/types/liver-cancer.html

National Cancer Institute: "Liver and Bile Duct Cancer" Website: <u>https://www.cancer.gov/types/liver</u> Moffitt Cancer Center: "Do You Have to Keep a Certain Diet with Liver Cancer?" Website: <u>https://moffitt.org/cancers/liver-hepatocellular-cancer/faqs/do-you-have-to-keep-a-certain-diet-with-liver-cancer/</u>

Memorial Sloan Kettering Cancer Center "Liver Cancer Clinical Trials and Research" Website: <u>https://www.mskcc.org/cancer-care/types/liver/clinical-trials</u>

# Organizations

American Cancer Society (ACS) - Liver Cancer

At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better. Website: <u>https://www.cancer.org/cancer/liver-cancer.html</u> | Phone Number: 800.227.2345

#### American Liver Foundation

ALF provides a resource center with information on clinical trials and caregiver resources as well as online support groups. ALF also has programs and events all over the country ALF provides information about liver diseases, support and advocacy. Helpline is available to answer questions Website: <u>http://www.liverfoundation.org/</u> | Phone Number: -800-465-4837

#### Blue Faery Foundation

Blue Faery Foundation's mission is to prevent, treat, and cure primary liver cancer through research, education, and advocacy. They have an online liver cancer community for support, they offer one-on-one support, and they provide patient education through a variety of resources. Website: <u>https://www.bluefaery.org</u>

## Cancer Support Community - Liver Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. Website: https://www.cancersupportcommunity.org/liver-cancer | Phone Number: 888-793-9355

## CDC: Centers for Disease and Control and Prevention

Cancer is a disease in which cells in the body grow out of control. When cancer starts in the liver, it is called liver cancer. Information also available in Spanish. Website: <u>https://www.cdc.gov/cancer/liver/index.htm</u> | Phone Number: 800-232-4636

## Hepatitis B Foundation - Liver Connect Program

Liver Cancer Connect is a dedicated program of the Hepatitis B Foundation that was created to provide individuals and families with the information and support they need when facing the challenge of primary liver cancer. Although this is a serious diagnosis, there is good reason to have hope because of the many advances made in the early detection, management and treatment of liver cancer. Website: <u>https://www.hepb.org/research-and-programs/liver/</u>

### Medline Plus: Trusted Health Information for You

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH). Website: <u>https://medlineplus.gov/livercancer.html</u>

#### National Cancer Institute- Liver Cancer

The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute's cancer mission. Website: <u>https://www.cancer.gov/types/liver</u>

## National LGBTQIA+ Cancer Network

The National LGBTQIA+ Cancer Network works to improve the lives of LGBTQIA+ cancer survivors and those at risk by: EDUCATING the LGBTQIA+ community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBTQIA+ survivors in mainstream cancer organizations, the media and research. Website: <u>https://cancer-network.org/about/</u> | Phone Number: 212-675-2633

#### Pan Foundation

Pan envisions a nation in which everyone can get the healthcare they need. Their mission is to help underinsured people with life-threatening, chronic, and rare diseases get the medications and treatments they need by assisting with their out-of-pocket costs and advocating for improved access and affordability. In 2021, PAN Foundation opens new liver cancer patient assistance fund. Website: <u>https://www.panfoundation.org</u>

## Books

100 Questions & Answers about Liver Cancer. By Ghassan K. Abou-Alfa, MD and Ronald P. DeMatteo, MD (2018)

The Liver Cancer Miracle by Ewan M Cameron

This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.

Updated May 2025

