Patient Education Resources
from UCSF Comprehensive Cancer Center

Prostate Cancer

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center. Learn more about UCSF’s supportive care programs at www.cancer.ucsf.edu/crc.

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210. The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at http://cancer.ucsf.edu/support/crc/patient-education-resources

The Fishbon Library connects patients and families with trusted health information. https://fishbon.ucsfmedicalcenter.org

Publications

UCSF Department of Urology: “Your Health Matters” Patient Education Series urology.ucsf.edu/patient-care/cancer/prostate-cancer

- Advanced Prostate Cancer and Its Treatment
- Health and Wellness: Living with Prostate Cancer – Diet Recommendations, Parts 1 & 2
- Hormone Therapy for Prostate Cancer – A Patient Guide
- Localized Prostate Cancer and Its Treatment
- Managing Erectile Dysfunction
- Moving Through Cancer – A Guide to Exercise for Cancer Survivors
- PCF (Prostate Cancer Foundation) Health Wellness Guide: Living with Prostate Cancer
- Radiation Therapy for Prostate Cancer
- Radical Prostatectomy
- Radical Prostatectomy FAQ
- Successful Self-Penile Injection Hints Questions and Answers
- Transrectal Ultrasound Guided Prostate Biopsy

American Cancer Society:

- “Prostate Cancer”
- “Sex and the Man with Cancer”

Cancer.Net: “Prostate Cancer”
www.cancer.net/cancer-types/prostate-cancer
National Cancer Institute:
- “Treatment Choices for Men with Early Stage Prostate Cancer”
- “Prostate Cancer”
  www.cancer.gov/types/prostate

National Comprehensive Cancer Network: “NCCN Guidelines for Patients: Prostate Cancer”
www.nccn.org/patients/guidelines/cancers.aspx

Prostate Cancer Foundation: Guides
www.pcf.org/guide
- Additional Facts for African American Men and Their Families
- Health and Wellness: Living with Prostate Cancer, Diet Recommendations
- An Introduction to Prostate Cancer
- Maintaining Health During Androgen Deprivation Therapy
- Prostate Cancer Patient Guide
- Questions to Ask Your Doctor
- The Science of Living Well, Beyond Cancer

Organizations

UCSF Department of Urology
http://urology.ucsf.edu/patient-care/cancer/prostate-cancer

Prostate Cancer Foundation
Provides information about the latest research and treatment options. Works to identify and fund promising research programs.
www.pcf.org 1-800-757-2873

Prostate Health Education Network
PHEN is dedicated to eliminating African American prostate cancer disparity.
www.prostatehealthed.org 1-617-481-4020

The Prostate Net
Provides patient education, advocacy, an online interactive network, and phone support.
http://theprostatenet.org 1-201-289-8221

Us Too International
Grassroots organization that provides patient education, advocacy and peer-to-peer support.
www.ustoo.org 1-800-808-7866
Books

100 Questions & Answers about Prostate Cancer by Pamela Ellsworth (2019)

Dr. Patrick Walsh’s Guide to Surviving Prostate Cancer (2018)

The Key to Prostate Cancer by Mark Scholz (2018)

Promoting Wellness for Prostate Cancer Patients by Mark A. Moyad (2013)


This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.