

# Sarcoma, Soft Tissue and Bone Cancer

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center.

Learn more about UCSF's supportive care programs at

<https://cancer.ucsf.edu/support/crc/patientsupport-center>

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210.

The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at

<http://cancer.ucsf.edu/support/crc/patient-education-resources>

## Overview

Sarcoma is a type of cancer that originates in bone or in one of the soft tissues. Soft tissues in this context include muscles, blood vessels, tendons, fat, nerves, and deep skin tissues. Almost half of soft tissue tumors start in the arms or legs. Other soft tissue tumors arise in the torso. More rarely, soft tissue tumors start in the head and neck regions, or within other organs, such as the liver, lung, kidney, uterus, breast, and gastrointestinal tract. Sarcoma occurs in both adults and children. The most common soft tissue sarcomas are: Leiomyosarcoma, Liposarcoma. Other common soft tissue sarcomas are: Angiosarcoma, Synovial sarcoma, Rhabdomyosarcoma, Malignant peripheral nerve sheath tumor, Spindle cell sarcoma, Ewing's sarcoma, Gastrointestinal stromal tumors (GIST), etc. Website: <https://radonc.ucsf.edu/conditions-treatments/conditions-we-treat/sarcoma/>

## UCSF Resources

### UCSF Sarcoma Center

Soft tissue and bone cancers are a rare and diverse group of tumors collectively known as sarcoma. At the UCSF Sarcoma Center, we take a collaborative and multidisciplinary approach to combat these complex cancers. Our dedicated team of sarcoma specialists provide patients with the most precise diagnostic tools, novel surgical and reconstructive techniques, and promising new therapies. The UCSF Sarcoma Center includes specialists from: Orthopedic Oncology, Radiation Oncology, Radiology, Pediatric Oncology, Surgical Oncology, Adult Medical Oncology, Pathology and Thoracic Surgery. In addition to our superb clinical care, the UCSF Sarcoma Center is the premier Bay Area institution for cutting-edge basic and translational sarcoma research. Through our collaborative research, we are pushing the scientific boundaries to develop new therapies to improve outcomes for patients with sarcoma. Website: <https://sarcoma.ucsf.edu/ucsf-sarcoma-center> | Phone Number: 415-885-3800

## **Publications**

American Cancer Society: “If You Have a Soft Tissue Sarcoma”

Website: <https://www.cancer.org/cancer/soft-tissue-sarcoma/if-you-have-sarcoma.html>

Clinical Cancer Research: Sarcoma Collection

Clinical Cancer Research publishes innovative clinical and translational cancer research studies that bridge the laboratory and the clinic. The Journal is especially interested in clinical trials evaluating new treatments, accompanied by research on pharmacology, and molecular alterations or biomarkers that predict response or resistance to treatment

Website: <https://clincancerres.aacrjournals.org/sarcoma>

## **Organizations**

American Cancer Society (ACS) – Soft Tissue Sarcoma

At the American Cancer Society, we’re on a mission to free the world from cancer. Until we do, we’ll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/soft-tissue-sarcoma.html> | Phone Number: 800.227.2345

Cancer.Net – Soft Tissue Sarcoma, Bone Cancer, Sarcoma (Kaposi), Sarcomas of Specific Organs

This is Cancer.Net’s Guide to Sarcomas, Soft Tissue Sarcomas and Bone Cancer

Website: <https://www.cancer.net/cancer-types/sarcomas-soft-tissue>

Website: <https://www.cancer.net/cancer-types/bone-cancer-sarcoma-bone>

Website: <https://www.cancer.net/cancer-types/sarcoma-kaposi>

Website: <https://www.cancer.net/cancer-types/sarcomas-specific-organs>

Cancer Support Community – Bone Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.cancersupportcommunity.org/bone-cancer> | Phone Number: 888-793-9355

Medline Plus: Trusted Health Information for You – Soft Tissue Sarcoma, Kaposi Sarcoma and Ewing Sarcoma

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/softtissuesarcoma.html>

Website: <https://medlineplus.gov/kaposisarcoma.html>

Website: <https://medlineplus.gov/ency/article/001302.htm>

National Cancer Institute – Soft Tissue Sarcoma and Bone Cancer

Website: <https://www.cancer.gov/types/bone>

Website: <https://www.cancer.gov/types/soft-tissue-sarcoma>

Sarcoma Alliance

Sarcoma Alliance is a primary source of guidance, education, and support for people with sarcoma. Programs include educational information, a discussion board, peer-to-peer support, and financial assistance. Website: <https://sarcomaalliance.org/> | Phone Number: 415-381-7236

National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org/about/> | Phone Number: 212-675-2633

Sarcoma Foundation of America

SFA advocates for sarcoma patients by funding research and increasing awareness. Website includes patient resources, news about research and advocacy, and a newsletter.

Website: [www.curesarcoma.org](http://www.curesarcoma.org) | Phone Number 301-253-8687