Overview

Sarcoma is a type of cancer that originates in bone or in one of the soft tissues. Soft tissues in this context include muscles, blood vessels, tendons, fat, nerves, and deep skin tissues. Almost half of soft tissue tumors start in the arms or legs. Other soft tissue tumors arise in the torso. More rarely, soft tissue tumors start in the head and neck regions, or within other organs, such as the liver, lung, kidney, uterus, breast, and gastrointestinal tract. Sarcoma occurs in both adults and children. The most common soft tissue sarcomas are: Leiomyosarcoma, Liposarcoma. Other common soft tissue sarcomas are: Angiosarcoma, Synovial sarcoma, Rhabdomyosarcoma, Malignant peripheral nerve sheath tumor, Spindle cell sarcoma, Ewing's sarcoma, Gastrointestinal stromal tumors (GIST), etc. Website: https://radonc.ucsf.edu/conditions-treatments/conditions-we-treat/sarcoma/

UCSF Resources

UCSF Sarcoma Center

Soft tissue and bone cancers are a rare and diverse group of tumors collectively known as sarcoma. At the UCSF Sarcoma Center, we take a collaborative and multidisciplinary approach to combat these complex cancers. Our dedicated team of sarcoma specialists provide patients with the most precise diagnostic tools, novel surgical and reconstructive techniques, and promising new therapies. The UCSF Sarcoma Center includes specialists from: Orthopedic Oncology, Radiation Oncology, Radiology, Pediatric Oncology, Surgical Oncology, Adult Medical Oncology, Pathology and Thoracic Surgery. In addition to our superb clinical care, the UCSF Sarcoma Center is the premier Bay Area institution for cutting-edge basic and translational sarcoma research. Through our collaborative research, we are pushing the scientific boundaries to develop new therapies to improve outcomes for patients with sarcoma. Website: https://sarcoma.ucsf.edu/ucsf-sarcoma-center | Phone Number: 415-885-3800
Publications
American Cancer Society: “If You Have a Soft Tissue Sarcoma”
Website: https://www.cancer.org/cancer/soft-tissue-sarcoma/if-you-have-sarcoma.html

Clinical Cancer Research: Sarcoma Collection
Clinical Cancer Research publishes innovative clinical and translational cancer research studies that bridge the laboratory and the clinic. The Journal is especially interested in clinical trials evaluating new treatments, accompanied by research on pharmacology, and molecular alterations or biomarkers that predict response or resistance to treatment
Website: https://clincancerres.aacrjournals.org/sarcoma

Organizations
American Cancer Society (ACS) – Soft Tissue Sarcoma
At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.
Website: https://www.cancer.org/cancer/soft-tissue-sarcoma.html | Phone Number: 800.227.2345

Cancer.Net – Soft Tissue Sarcoma, Bone Cancer, Sarcoma (Kaposi), Sarcomas of Specific Organs
This is Cancer.Net’s Guide to Sarcomas, Soft Tissue Sarcomas and Bone Cancer
Website: https://www.cancer.net/cancer-types/sarcomas-soft-tissue
Website: https://www.cancer.net/cancer-types/bone-cancer-sarcoma-bone
Website: https://www.cancer.net/cancer-types/sarcoma-kaposi
Website: https://www.cancer.net/cancer-types/sarcomas-specific-organs

Cancer Support Community – Bone Cancer
As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.
Website: https://www.cancersupportcommunity.org/bone-cancer | Phone Number: 888-793-9355

Medline Plus: Trusted Health Information for You – Soft Tissue Sarcoma, Kaposi Sarcoma and Ewing Sarcoma
MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).
Website: https://medlineplus.gov/softtissuesarcoma.html
Website: https://medlineplus.gov/kaposisarcoma.html
Website: https://medlineplus.gov/ency/article/001302.htm
National Cancer Institute – Soft Tissue Sarcoma and Bone Cancer
Website: https://www.cancer.gov/types/bone
Website: https://www.cancer.gov/types/soft-tissue-sarcoma

Sarcoma Alliance
Sarcoma Alliance is a primary source of guidance, education, and support for people with sarcoma. Programs include educational information, a discussion board, peer-to-peer support, and financial assistance. Website: https://sarcomaalliance.org/ | Phone Number: 415-381-7236

National LGBT Cancer Network
The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research. Website: https://cancer-network.org/about/ | Phone Number: 212-675-2633

Sarcoma Foundation of America
SFA advocates for sarcoma patients by funding research and increasing awareness. Website includes patient resources, news about research and advocacy, and a newsletter. Website: www.curesarcoma.org | Phone Number301-253-8687

This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.