

# Thyroid Cancer

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center.

Learn more about UCSF's supportive care programs at

<https://cancer.ucsf.edu/support/crc/patientsupport-center>

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210.

The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at

<http://cancer.ucsf.edu/support/crc/patient-education-resources>

## Overview

Thyroid cancer is more common among women than men and accounts for only one percent of all cancers diagnosed in the United States. Most thyroid cancers grow slowly but certain types can be aggressive. There are four major types of thyroid gland cancer: anaplastic, follicular, medullary and papillary. Learn more information about signs, symptoms, diagnosis, treatment, and resources at the link provided. Website: <https://www.ucsfhealth.org/conditions/thyroid-cancer>

## UCSF Resources

UCSF Head and Neck Surgery Cancer Program

The UCSF Head and Neck Surgery Cancer Program provides comprehensive, world-class care for people with head and neck tumors. These tumors can affect key functions such as breathing, speech, sight and swallowing, as well as appearance. We are committed to providing the most advanced and personalized care to protect both our patients' health and their quality of life. We're equally committed to providing an accessible, caring and informative environment that supports patients before, during and after treatment. Website: <https://www.ucsfhealth.org/clinics/head-and-neck-surgery-cancer-program> | Phone Number: (415) 885-7528

## Publications

American Cancer Society (ACS) – Thyroid Cancer

At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/thyroid-cancer.html> | Phone Number: 800.227.2345

American Institute for Cancer Research: Advice on Oral Cancer Prevention and Care During Treatment

<https://www.aicr.org/resources/blog/advice-on-oral-cancer-prevention-and-care-during-treatment/>

American Thyroid Association: “Thyroid Cancer (Papillary and Follicular)”

[https://www.thyroid.org/wp-content/uploads/patients/brochures/ThyroidCancer\\_brochure.pdf](https://www.thyroid.org/wp-content/uploads/patients/brochures/ThyroidCancer_brochure.pdf)

Cancer.Net: Thyroid Cancer

This is Cancer.Net’s Guide to Thyroid Cancer. (Available in various foreign languages) Website:

<https://www.cancer.net/cancer-types/thyroid-cancer>

Cancer Support Community “Eating Well with Head & Neck Cancer”

Website: <https://www.cancersupportcommunity.org/eating-well-head-neck-cancer>

Medline Plus: Trusted Health Information for You - Thyroid Cancer

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/thyroidcancer.html>

National Cancer Institute - Thyroid Cancer

The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute’s cancer mission. Website: <https://www.cancer.gov/types/thyroid>

NCBI: Thyroid Cancer

The National Center for Biotechnology Information advances science and health by providing access to biomedical and genomic information.

Website: <https://www.ncbi.nlm.nih.gov/books/NBK459299/>

## **Organizations**

Cancer Support Community – Thyroid Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.cancersupportcommunity.org/thyroid-cancer> | Phone Number: 888-793-9355

#### Head and Neck Cancer Alliance

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. They provide resources for patients and caregivers and other informational resources. They also have numerous programs including peer to peer support, gas card program, and survivorship webinars.

Website: <https://www.headandneck.org/> Phone Number: 866-792-4622

#### HNC Living Foundation

HNC's mission is to help head and neck cancer patients live life fully, during and after treatment, through financial assistance. Although starting local, their vision and commitment is to become the national resource of financial assistance for head and neck cancer patients. They provide financial assistance in a variety of ways including dental assistance, lodging, transportation, and other patient services. Website: <https://www.hncliving.org>

#### Light of Life Foundation

The mission of the Light of Life Foundation is to improve the quality of life of thyroid cancer patients through continual education of the lay public and the medical community, and by promoting research and development to improve thyroid cancer care. Website:

<https://lightoflifefoundation.org>

#### National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org> Phone Number: 212-675-2633

#### THANC Foundation – Thyroid Head and Neck Cancer Foundation

THANC is committed to supporting research and education in the early detection and treatment of thyroid and head and neck cancer; to advancing new therapeutic approaches; and to alleviating the suffering and functional impairment of patients who undergo treatment. Website:

<https://thancfoundation.org>

#### The Oral Cancer Foundation

Founded by an oral cancer survivor, Brian R. Hill, the foundation's goals are supported by a Scientific Advisory Board composed of leading cancer authorities from varied medical and dental specialties, drawn from premier cancer treatment, research, and educational institutions in the US. They provide members with lots of informational tools on financial assistance, insurance information, screenings, up to date news, and podcasts. They put on numerous events and help you find free screenings. Website: <https://oralcancerfoundation.org/>

#### ThyCa : Thyroid Cancer Survivor Association Inc.

ThyCa's mission is to educate and support the global thyroid cancer community and invest in research. They provide a wide variety of support groups that link survivors with health care professionals. Examples of a few support groups include Anaplastic Support Group, Pediatrics Support Group, LID Support Group, Teens Support Group, Young Adult Support Groups and more. Support groups are available via email, person to person, online, etc. Website:

<https://www.thyca.org>

#### Support for People with Oral and Head and Neck Cancer (SPOHNC)

Support for People with Oral and Head and Neck Cancer (SPOHNC) pronounced "Spunk" is a nonprofit organization involved in the development of programs of support. As such it can have an enormous positive impact on meeting the psychosocial needs of patients as well as preserving, restoring and promoting physical and emotional health.

Website: <https://www.spohnc.org/>

#### WebWhispers

WebWhispers was started in 1996 for those who had questions about larynx cancer treatments, surgery, recovery, and what life is like after laryngectomy surgery. We are now the largest support group for individual laryngectomee survivors of larynx and other throat cancers. We offer advice from those who have been there and education at the time it is needed. Our membership is composed of patients, caregivers, medical professionals and suppliers. Come join us in order to use our full facilities. It's free to join and no dues to pay.

Website: <https://webwhispers.org/>