

# End of Life & Bereavement



UCSF Helen Diller Family  
Comprehensive  
Cancer Center

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at <https://cancer.ucsf.edu/support/crc/patient-support-center>

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

## UCSF Resources

### UCSF Symptom Management Service

In addition to providing clinical services for patients, the website contains many valuable online resources for anyone coping with advanced cancer, end of life or bereavement.

Website: <http://cancer.ucsf.edu/support/sms>

### UCSF Health

- Advance Health Care Directives Kit: *A guide to help you express your health care wishes*. Website: [www.ucsfhealth.org/pdf/advance\\_health\\_care\\_directive.pdf](http://www.ucsfhealth.org/pdf/advance_health_care_directive.pdf)
- FAQs: *End of Life Option Act at UCSF*  
Website: [www.ucsfhealth.org/education/end\\_of\\_life\\_option\\_act](http://www.ucsfhealth.org/education/end_of_life_option_act)
- Understanding Your Options at the End of Life  
Website: <https://www.ucsfhealth.org/education/understanding-your-options-at-the-end-of-life>

## **Publications**

### Hospice by the Bay: Resource Library

The Bay Area-based Hospice by the Bay produces several excellent patient education documents about end-of-life care. Topics range from emotional to practical concerns.

Website: <http://hospicebythebay.org/patients-families/resource-library>

### National Cancer Institute: “*Coping with Advanced Cancer*”

Website: [www.cancer.gov/publications/patient-education/advanced-cancer](http://www.cancer.gov/publications/patient-education/advanced-cancer)

### Supporting families in end-of-life care and bereavement in the COVID-19 era

Website: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7235296/>

## **Websites**

### American Cancer Society (ACS) – Grief and Bereavement

What are grief, mourning, and bereavement?

Website: <https://www.cancer.org/treatment/end-of-life-care/grief-and-loss/grieving-process.html> Phone Number: 800-227-2345

### California Hospice and Palliative Care Association

CHAPCA promotes and strengthens the delivery of palliative and hospice care for terminally ill patients and their families through education and advocacy. The website includes links to numerous resources, a search engine for hospices and end of life services, regulatory policies and legislative initiatives.

Website: [www.calhospice.org](http://www.calhospice.org) Phone Number: 888-252-1010

### CaringInfo

CaringInfo is a service of the National Hospice and Palliative Care Organization. They provide information and support for people as they plan ahead, care for a loved one, live with a life-altering illness, or grieve a loss.

Website: [www.caringinfo.org](http://www.caringinfo.org) Phone Number: 800-658-8898

### Get Palliative Care

Website content consists of articles and stories, videos, podcasts, webinars, news, education and resources related to palliative care. Website: <https://getpalliativecare.org>

### HelpGuide.org

End of life Late Stage and End-of-Life Care

Website: <https://www.helpguide.org/articles/end-of-life/late-stage-and-end-of-life-care.htm>

## Hospice Foundation of America

HFA provides end of life care resources of professionals, patients and families. The website contains a comprehensive array of information about hospice care, how to locate a hospice, and information about end of life and grief.

Website: [www.hospicefoundation.org](http://www.hospicefoundation.org) Phone Number: 800-854-3402

## Thru My Eyes

Thru My Eyes is a non-profit offering to produce free “living” legacies for those with a life-threatening illness in the form of a video message. The purpose is to give peace and comfort to participants knowing that they will be remembered by their loved ones.

Professional videographers and trained counselors are available at no cost.

Website: [www.thrumyeyes.org](http://www.thrumyeyes.org) Phone Number: 914-725-1836

## Willowgreen

Willowgreen is an inspirational website offering video meditations, photo thoughts, and ecards. All offerings are geared toward support for life transition, illness, grief, and caregiving. Most offerings are for sale, and some are free.

Website: [www.willowgreen.com](http://www.willowgreen.com) Phone Number: 260-490-2222

*This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.*