

## Online Communities

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center.

Learn more about UCSF's supportive care programs at

<https://cancer.ucsf.edu/support/crc/patientsupport-center>

The Cancer Support Center at Mission Bay is located at 1825 4th St., 1st Floor, Room M-1210.

The Cancer Support Center at Mt. Zion is located at 1600 Divisadero St., 1st Floor, Room B-101. The complete list of Patient Education Resource Pages is available to view at

<http://cancer.ucsf.edu/support/crc/patient-education-resources>

### Websites

American Cancer Society: Cancer Survivors Network

CSN is an online community by and for people with cancer and their families. Patients can share information, post photos, blog, and more. Find and connect with others through member searches, discussion boards, chat rooms, and private email.

Website: <http://csn.cancer.org> Phone Number: 800-227-2345

Caring Bridge

Allows you to start a website for yourself or a loved one to get or give support, share news, and stay connected. Website: [www.caringbridge.org](http://www.caringbridge.org) Phone Number: 651-789-2300

Lotsa Helping Hands

Provides a tool to create your own support community. You can sign up as a patient or as a caregiver. Using this tool makes it easy for each person to know what to do and when in order to help. Includes a calendar to schedule and sign up for tasks, as well as a way to keep loved ones informed about your progress and to receive well wishes from them.

Website: [www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)

MyLifeLine.org

Patients and caregivers can build an online support community of existing family and friends through a free, personalized website. Patients can share their cancer journey, get support, and focus on healing. Website: <https://mylifeline.org>

### The Patient Story

Learn about various cancer experiences told directly by patients and caregivers who have been through cancer treatment. Website: [www.thepatientstory.com](http://www.thepatientstory.com)

### Vital Options International

The VOI Board of Directors has established the Selma Schimmel Vital Grant, a monetary gift distributed to qualified patients. The grant program will assist those facing a significant financial hardship due to the diagnosis of a chronic condition, including cancer

Website: [www.vitaloptions.org](http://www.vitaloptions.org)

### WhatNext

WhatNext is a social network developed in part with the American Cancer Society to help cancer patients, survivors, and caregivers gain firsthand insight into living with cancer and connect with others facing a similar diagnosis.

Website: [www.whatnext.com](http://www.whatnext.com)