

Oral Cavity (Mouth) and Oropharyngeal (Throat) Cancer



UCSF Helen Diller Family Comprehensive Cancer Center

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at <https://cancer.ucsf.edu/support/crc/patient-support-center>

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

Overview

Oral Cancer

Oral cancer includes cancer of the lips, tongue, cheeks, floor of mouth, hard palate, gums and minor salivary glands. Oral cancer usually occurs in people over the age of 45 but can develop at any age. Website: <https://www.ucsfhealth.org/conditions/oral-cancer>

Throat Cancer

Cancers that involve the throat, base of the tongue, tonsil, pharynx, or tube that extends from the nasal passages to the mouth to the esophagus and sinus are called oropharyngeal and hypopharyngeal cancers. Risk factors for developing throat cancer may include: smoking tobacco, heavy alcohol use, diet low in fruits and vegetables, drinking maté, etc. Website: <https://www.ucsfhealth.org/conditions/throat-cancer>

UCSF Resources

UCSF Head and Neck Surgery Cancer Program

The UCSF Head and Neck Surgery Cancer Program provides comprehensive, world-class care for people with head and neck tumors. These tumors can affect key functions such as breathing, speech, sight and swallowing, as well as appearance. We are committed to providing the most advanced and personalized care to protect both our patients' health and their quality of life. We're equally committed to providing an accessible, caring and informative environment that supports patients before, during and after treatment. Website: <https://www.ucsfhealth.org/clinics/head-and-neck-surgery-cancer-program> | Phone Number: (415) 885-7528



Publications

Cancer.Net: Oral and Oropharyngeal Cancer

This is Cancer.Net's Guide to Salivary Gland Cancer (Available in various foreign languages) Website: <https://www.cancer.net/cancer-types/oral-and-oropharyngeal-cancer>

NCBI: Oral and Oropharyngeal Cancer

The National Center for Biotechnology Information advances science and health by providing access to biomedical and genomic information.

Website: <https://www.ncbi.nlm.nih.gov/books/NBK430685/?term=oral%20cancer>

Organizations

American Cancer Society (ACS) – Oral and Oropharyngeal Cancer

At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: <https://www.cancer.org/cancer/oral-cavity-and-oropharyngeal-cancer.html> | Phone Number: 800.227.2345

Cancer Support Community – Oral and Oropharyngeal Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.cancersupportcommunity.org/oral-and-lip-cancer> | Phone Number: 888-793-9355

International Association of Laryngectomees

The IAL was formed in 1952 by representatives of 13 individual clubs to answer the need for coordinating the activities of the clubs. The purposes of the IAL are to promote and support the total rehabilitation of the Laryngectomee by the exchange of ideas and dissemination of information to member clubs and to the public. To facilitate the formation of new clubs, to foster improvement in Laryngectomee programs, and to improve the minimum standards for teachers of post-Laryngectomee speech.

Website: <https://www.theial.com/>

Head and Neck Cancer Alliance

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community.

Website: <https://www.headandneck.org/> | Phone Number: 866-792-4622



Medline Plus: Trusted Health Information for You – Oral and Oropharyngeal Cancer

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH).

Website: <https://medlineplus.gov/oralcancer.html>

National Cancer Institute - Oral and Oropharyngeal Cancer

The National Cancer Institute (NCI) is the federal government's principal agency for cancer research and training. NCI is deeply committed to the core values of equity, diversity, and inclusion that allow all staff to reach their potential and fully contribute to the Institute's cancer mission. Website: <https://www.cancer.gov/types/head-and-neck/hp/oral-screening-pdq>

National LGBT Cancer Network

The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research.

Website: <https://cancer-network.org/about/> | Phone Number: 212-675-2633

The Oral Cancer Foundation

Founded by an oral cancer survivor, Brian R. Hill, the foundation's goals are supported by a Scientific Advisory Board composed of leading cancer authorities from varied medical and dental specialties, drawn from premier cancer treatment, research, and educational institutions in the US

Website: <https://oralcancerfoundation.org/>

Support for People with Oral and Head and Neck Cancer (SPOHNC)

Support for People with Oral and Head and Neck Cancer (SPOHNC) pronounced "Spunk" is a nonprofit organization involved in the development of programs of support. As such it can have an enormous positive impact on meeting the psychosocial needs of patients as well as preserving, restoring and promoting physical and emotional health.

Website: <https://www.spohnc.org/>

WebWhispers

WebWhispers was started in 1996 for those who had questions about larynx cancer treatments, surgery, recovery, and what life is like after laryngectomy surgery. We are now the largest support group for individual laryngectomee survivors of larynx and other throat cancers. We offer advice from those who have been there and education at the time it is needed. Our membership is composed of patients, caregivers, medical professionals and suppliers. Come join us in order to use our full facilities. It's free to join and no dues to pay.

Website: <https://webwhispers.org/>

This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.

