# Ovarian Cancer

UCSF Helen Diller Family Comprehensive Cancer Center

The UCSF Patient and Family Cancer Support Center is the hub of support, information and resources for people with cancer at the Helen Diller Family Comprehensive Cancer Center. Learn more about UCSF's supportive care programs at https://cancer.ucsf.edu/support/crc/patient-support-center

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of Patient Education Resource Pages is available to view at <a href="http://cancer.ucsf.edu/support/crc/patient-education-resources">http://cancer.ucsf.edu/support/crc/patient-education-resources</a>

# Overview

Ovarian cancer originates in the cells of the ovaries, including surface epithelial cells, germ cells and the sex cord-stromal cells. When cancer is diagnosed early while the tumor is limited to the ovary, the cure rate is better than 90 percent. Unfortunately, about two-thirds of women with ovarian cancer initially seek medical attention when the tumor is already advanced and has spread outside of the ovary. In these instances, the five-year survival rate is significantly lower.

Website: https://www.ucsfhealth.org/conditions/ovarian-cancer

# **UCSF** Resources

## UCSF Gynecologic Oncology Center

The UCSF Gynecologic Oncology Center offers innovative, compassionate care in a supportive environment. Our team – which includes gynecologic cancer surgeons, radiation specialists and specially trained nurses – provides screening exams, diagnostic imaging and treatments such as surgery and radiation. We also offer expert advice on the latest therapies, as well as education and other services. Genetic counseling for high-risk families is also available. We have three locations in the Bay Area to make patient visits as convenient as possible. Website: <a href="https://www.ucsfhealth.org/clinics/gynecologic-oncology-center">https://www.ucsfhealth.org/clinics/gynecologic-oncology-center</a> | Phone Number: (415) 353-9600

# **Publications**

American Cancer Society: "Sex and the Woman with Cancer" Website: <u>http://www.cancer.org/treatment/treatments-and-side-effects/physical-side-effects/fertility-and-sexual-side-effects/sexuality-for-women-with-cancer.html</u>

# Organizations

## American Cancer Society (ACS) - Ovarian Cancer

At the American Cancer Society, we're on a mission to free the world from cancer. Until we do, we'll be funding and conducting research, sharing expert information, supporting patients, and spreading the word about prevention. All so you can live longer — and better.

Website: https://www.cancer.org/cancer/ovarian-cancer.html | Phone Number: 800.227.2345

## Bay Area Cancer Connections

BACC helps people with breast and ovarian cancers. Services include a helpline, buddy programs, pro-bono counseling, a wig boutique, information and support groups. Located in Palo Alto, but services are available to anyone. All services are free.

Website: https://www.bayareacancer.org/ Phone Number: 650-326-6686

## Cancer.Net - Ovarian Cancer

This is Cancer.Net's Guide to Ovarian, Fallopian Tube, and Peritoneal Cancer Website: <u>https://www.cancer.net/cancer-types/ovarian-fallopian-tube-and-peritoneal-cancer</u>

## Cancer Support Community - Ovarian Cancer

As the largest professionally led nonprofit network of cancer support worldwide, the Cancer Support Community is dedicated to ensuring that all people impacted by cancer are empowered by knowledge, strengthened by action, and sustained by community. Website: <u>https://www.cancersupportcommunity.org/ovarian-cancer</u> | Phone Number: 888-793-9355

## Foundation for Women's Cancer

Provides comprehensive educational materials about all gynecologic cancers. Also has much information about coping, caregiving, supportive care, clinical trials and more Website: <u>http://www.foundationforwomenscancer.org/</u> | Phone Number: 312-578-1439

# Medline Plus: Trusted Health Information for You – Ovarian Cancer

MedlinePlus is a service of the National Library of Medicine (NLM), the world's largest medical library, which is part of the National Institutes of Health (NIH). Website: <u>https://medlineplus.gov/ovariancancer.html</u>

National Cancer Institute – Ovarian Cancer "Ovarian, Fallopian Tube, and Primary Peritoneal Cancer" Website: <u>http://www.cancer.gov/types/ovarian</u>

#### National Comprehensive Cancer Network:

"NCCN Guidelines for Patients: Ovarian Cancer". Website: http://www.nccn.org/patients/guidelines/ovarian/index.html

#### National LGBT Cancer Network



The National LGBT Cancer Network works to improve the lives of LGBT cancer survivors and those at risk by: EDUCATING the LGBT community about our increased cancer risks and the importance of screening and early detection; TRAINING health care providers to offer more culturally-competent, safe and welcoming care; and ADVOCATING for LGBT survivors in mainstream cancer organizations, the media and research. Website: https://cancer-network.org/about/ | Phone Number: 212-675-2633

#### National Ovarian Cancer Coalition

Provides educational materials, information, resources, and ways to become involved. Website: http://www.ovarian.org | Phone Number: 888-682-7426

#### Ovarian Cancer Research Fund Alliance

OCRA advances ovarian cancer research while supporting women and their families. Website: <u>https://ocrahope.org/</u> | Phone Number: 866-399-6262

#### Sharsheret

For Jewish women facing breast or ovarian cancer. Informative, educational website and national events. Website: www.sharsheret.org | Phone Number: 866-474-2774

This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available.