

SAN FRANCISCO

Integral Counseling Center at Pierce St

2140 Pierce Street
 San Francisco, CA 94115
 415-776-3109

Website: www.integralcounseling.org

Services: Individual, Couples, & Family Therapy; Groups

Fees: Sliding Scale Available

Other: Services provided by supervised trainees

Marina Counseling Center

2137 Lombard Street
 San Francisco, CA 94123
 415-536-2137

Website: www.marinacounseling.com

Services: Individual & Couples Therapy; Groups

Fees: Sliding Scale \$25-\$100

Other: Services provided by supervised trainees

San Francisco Counseling Center

1801 Bush Street, Suite 215
 San Francisco, CA 94109
 415-440-0500

Website: www.sfcounselingcenter.com

Services: Individual, Children, Adolescents & Couples Therapy; Groups

Fees: Sliding Scale available

Other: Services available in Swedish

Whitney Clinic at C. G. Jung Institute

2040 Gough Street
 San Francisco, CA 94109
 415-771-8055 ext. 205

Website: www.sfjung.org

Services: Individual & Couples Therapy

Fees: Sliding Scale available

PENINSULA & SOUTH BAY

Almaden Valley Counseling Service

6529 Crown Blvd, Suite D
 San Jose, CA 95120
 408-997-0200

Website: www.avcounseling.org

Services: Individual, Children, Adolescents, Couples, & Family Therapy

Fees: Sliding Scale available

Other: Services provided by supervised trainees

Community Center for Health & Wellness

744 San Antonio Road, Suite 22/24
 Palo Alto, CA 94303
 650-493-5006

Website: www.counseling.itp.edu

Services: Individual, Couples, & Family Therapy

Fees: Sliding Scale available

Other: Services provided by supervised trainees

Sunnyvale Community Counseling Center

572 Dunholme Way
 Sunnyvale, CA 98087
 408-524-4900

Website: www.jfku.edu/Locations/Community-Counseling-Centers.html

Services: Individual, Children, Couples, & Family Therapy

Fees: Sliding Scale available

Other: Services provided by supervised trainees

The Gronowski Center

5150 El Camino Real, Suite 22, Building C
 Los Altos, CA 94022
 650-961-9300

Website: www.gronowski.paloalto.edu

Services: Individual, Couples, & Family Therapy

Fees: Sliding Scale available

Other: Services provided by supervised trainees; all sessions are filmed

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SACRAMENTO AREA

H.O.P.E. Counseling Center

Roseville Center

720 Sunrise Ave, 202C
Roseville, CA 95661
916-780-1059

Midtown Sacramento Center

2623 24th Street
Sacramento, CA 95818
916-444-2170

Website: www.hope-counselingcenter.org

Services: Individual, Couples, Children, & Family Therapy

Fees: Sliding Scale available

River Rock Counseling Agency

4944 Sunrise Blvd, Ste J-5
Fair Oaks, CA 95628
916-642-5410

Website: www.riverrockcounseling.com

Services: Individual, Couples, Children, & Family Therapy

Fees: Sliding Scale available

Sacramento State University- Center for Counseling and Diagnostic Services

Sacramento State University
Eureka Hall Room 421
6000 J Street
Sacramento, CA 95819
916-278-6252

Website: www.edweb.csus.edu/ccds/

Services: Individual, Couples, Children, & Family Therapy; Assessment

Fees: \$100 for 12-14 sessions of therapy

Windows of Hope Counseling Centers

Sacramento Counseling

2011 P St, #101 A
Sacramento, CA 95814
916-412-5679

Roseville Counseling

420 Folsom Rd, Suite C
Roseville, CA 95678

916-412-5679

Website: windowsofhopecounseling.org

Services: Individual, Couples, Children, & Family Therapy

Fees: Sliding Scale Available

MARIN COUNTY

Community Institute of Psychotherapy

1330 Lincoln Ave, Suite 201
San Rafael, CA 94901
415-459-5999 ext. 102

Website: www.cipmarin.org

Services: Individual, Couples, Children, & Family Therapy

Fees: Sliding Scale available; Medi-Cal; Medicare; Private Insurance

Other: Services provided by supervised trainees

Family Service Agency of Marin

Multiple Sites
415-491-5700

Website: www.fsamarin.org

Services: Individual, Children, Couples, & Family Therapy; Groups; Substance Abuse Recovery; Parenting Services

Fees: Sliding Scale available; Medi-Cal; Medicare; Private Insurance

Other: Services provided by supervised trainees

Jewish Family & Children's Services

600 5th Avenue
San Rafael, CA
415-491-7960

Website: www.jfcs.org/services/individuals-couples/counseling-consultation

Services: Individual & Family Therapy

Fees: Sliding Scale available \$80-\$145; Medi-Cal; Medicare; Private Insurance

Other: All clinicians are licensed; They refer individuals over 60 y/o to Seniors at Home for Services

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EAST BAY

Asian Community Mental Health Services – Oakland

310 8th Street, Suite 201
Oakland, CA 94607
510-451-6729

Website: www.acmhs.org

Services: Individual Therapy; Some Case management/Medication Evaluation

Fees: Sliding Scale available for those who do not have private insurance; accept Medicare and MediCal

Other: Offer therapy in 8 Asian languages; serving primarily Alameda County residents, with the exception of Berkeley and Albany

Asian Community Mental Health Services – Richmond

12240 San Pablo Avenue
Richmond, CA 94805
510-970-9750

Website: www.acmhs.org

Services: Individual, Couples, & Family Therapy available in Vietnamese – can make arrangements for Cantonese and Mandarin – have staff who speak Laotian and Mien and could translate; Case Management available; Support Groups in Vietnamese and Laotian; help with connecting with various social services available

Fees: Accept Medical

Other: Offer services in five Asian languages: Cantonese, Mandarin, Vietnamese, Laotian, and Mien

Berkeley Therapy Institute

1749 Martin Luther King Jr. Way
Berkeley, CA 94709
510-841-8484

Website: www.bti.org

Services: Individual, Couples, & Family Therapy; Assessments/Testing; Medication; Groups; Workshops

Fees: The fees for Psychologists, counselors, and the Nurse Practitioner are sliding scale.

Fees for the Psychiatrists are set.

Other: Some counseling by supervised interns, some by licensed professionals.

Blue Oak Therapy Center

3101 Telegraph Avenue
Berkeley, CA 94705
510-649-9818

Website: www.blueoaktherapycenter.org

Services: Individual, Children, Teen, Couples, & Family Therapy

Fees: Sliding Scale from \$90-\$45

Other: Therapy provided by supervised Marriage and Family Therapy registered interns.

California Counseling Institute

1562 Oakview Avenue
Kensington, CA 94707
510-704-8046

Website: www.californiacounseling.org

Services: Individual, Couples, Children, & Family Therapy

Fees: Sliding scale available; Aetna, and BlueShield HMO plans accepted

Center for Creative Growth

1221 Marin Avenue
Berkeley, CA 94706
510-527-2100

Website: www.creativegrowth.com

Services: Individual & Couples Therapy; Groups; Workshops

Fees: Sliding scale available

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EAST BAY CONT.

Oakland Center for Holistic Counseling

2501 Harrison Street
Oakland, CA 94612
510-444-3344

Website: www.jfku.edu/Locations/Community-Counseling-Centers.html

Services: Individual, Couples, & Family Therapy; Groups

Fees: Sliding scale available

Other: Counseling done by graduate students in training under supervision.

The Pacific Center (Services for LGBT community)

2712 Telegraph
Berkeley, CA 94705
510-548-8283

Website: www.pacificcenter.org

Services: Individual, Couples, & Family Therapy; Groups; Workshops; Peer-to-Peer Groups

Fees: Sliding scale available from \$90-25

Pleasant Hill Community Counseling Center:

100 Ellinwood Way
Pleasant Hill, CA 94523
925-798-9240

Website: www.jfku.edu/Locations/Community-Counseling-Centers.html

Services: Individual, Couples, & Family Therapy; Groups

Fees: Sliding Scale available

Other: Counseling done by supervised graduate students.

Psychotherapy Institute

2232 Carleton Street
Berkeley, CA 94704
510-548-2250

Website: www.tpi-berkeley.org

Services: Individual & Couples Therapy

Fees: Sliding scale \$25-\$90

Other: Counseling done by supervised trainees with at least 1 year of clinical experience.

Women’s Therapy Center

2105 Martin Luther King Jr. Way
Berkeley, CA 94709
510-524-8288

Website: www.womenstherapy.org

Services: Women, Adolescent girls, & Couples Therapy

Fees: Sliding scale available: \$84-\$25 for individuals, \$95-\$40 for couples

Other: Therapists are advanced or post-graduate students in Marriage and Family Therapy, Clinical Social Work, or Psychology, who are under supervision.

The Wright Institute - Berkeley

Addison Street Clinic - 510-548-9716
Parker Street Clinic - 510-486-8998

Website: www.wi.edu/clinics

Services: Individual & Couples Therapy

Fees: Sliding Scale available

Other: Counseling done by graduate students in training under supervision.

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