

UCSF—Osher Center for Integrative Medicine

Recommendations for FREE or LOW COST Complementary/Alternative Medicine (CAM) Services

San Francisco

Name	Address	Phone	Spanish Speaking	Services Offered	Hours of Operation	Cost
Quan Yin	965 Mission St., Suite 405	861-4964	No	Acupuncture Massage	Wed 10:30 – 2:30 acupuncture 10:00 – 7:00 massage Fri 3:00 – 7:00 acup & massage Sat 11:00 – 2:30 acupuncture Sat 9:30 – 2:15 massage	Sliding scale
ACTCM	450 Connecticut St.	282-9603	No	Acupuncture Massage	Mon – Thurs 8:30 am to 9:00 pm Sat 9:00 am to 5:30 pm	some insurance \$29/student Age 42-62 sliding scale
Glide Memorial	330 Ellis St.	674-6140	translator service	Acupuncture Primary care	Mon – Fri 8:30 am to 5:00 pm Primary Care Drop In Hours--Mon. 8:30 & 12:30	Acupuncture Free
Charlotte Maxwell Clinic	Oakland	510-601- 7660 x4		Various CAM Women Only		Free
Immune Enhancement Project	3450-16 th St.	252-8711	Yes	Acupuncture	Treatments depend on qualifications and funding 11 treatments	\$35
Pacific Acupuncture Center	870 Market St., #353	647-6222	No	Acupuncture	M-F 7:30 am – 4:30 pm Sat 8:00 am – 12:00 noon Appointment Needed	\$32.85
Women's Community Clinic	1833 Fillmore St. Betwn Bush & Sutter	379-7800	Yes	Acupuncture Women Only	No longer offer drop-in clinic hours Appt. only	free
Haight Ashbury Free Clinic	558 Clayton St.	746-1950	Yes	Primary Care Case Mgmt Acupuncture	M- F 8:45 am to 4:30 pm By Appt. Only	free
Southeast Health Center	2401 Keith	671-7000		Acupuncture	Drop-In Thurs. 10:00 am – 12:00 noon	free

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Osher Center for Integrative Medicine	1545 Divisadero, 4 th Floor	353-7700	Dr. Barrows & translator service	Integ. MDs Acupuncture Massage Biofeedback	M- Thurs 8:00 am – 7:00 pm Friday 8:00 am -- 5:00 pm	Ask for Community Care Fund
Positive Being	1170 So. Van Ness Suite 1	821-6477	No	Massage	By Appointment	\$20 - \$40 donation no one gets turned away
Bernal Heights Neighborhood Center for Senior Citizens	515 Cortland Ave.	206-2140	Yes	Homeopathy clinic	2 nd & 4 th Fridays, 12:00 noon to 2:00	free