Sexuality and Body Image Wellness: Where to Learn More

Additional Resources

Psycho-Oncology Clinic
- We can provide additional support and resource identification for patients seeking to enhance sexual wellness after cancer.
- Contact Psycho-Oncology at 415-353-7019 to learn more or to schedule an appointment.

- Ask your UCSF doctor about potential referrals to UCSF Gynecology or UCSF Urology.
  - [https://www.ucsfhealth.org/programs/center_for_sexual_health/](https://www.ucsfhealth.org/programs/center_for_sexual_health/)
  - [https://urology.ucsf.edu/patient-care/adult-non-cancer](https://urology.ucsf.edu/patient-care/adult-non-cancer)


Good Vibrations stores sell lubricants, condoms, and devices. They tend to have knowledgeable staff as well. [https://www.goodvibes.com/s/](https://www.goodvibes.com/s/)

Will2Love offers an option for cancer survivors and partners who are not patients at one of our partner health institutions (hospitals, clinics, etc.): A 6-month subscription to our online men’s or women’s self-help program for $60. Visit the website [https://www.will2love.com/](https://www.will2love.com/) or call for more information 832-644-0406

Search for a sexuality educator, sexuality counselor or sex therapist in your area. [https://www.aasect.org/referral-directory](https://www.aasect.org/referral-directory)
WomanLab is a platform where every woman – and everyone who loves and cares for women – can learn truths about sex.
https://womanlab.org/

Books and Pamphlets:

- Saving Your Sex Life: A Guide for Men with Prostate Cancer by John P. Mulhall, MD
- Sex and the Man with Cancer, available at the American Cancer Society website.
- Sex and the Women with Cancer, available at the American Cancer Society website
- Sex Matters for Women by Sallie Foley, MSW, Sally Kope, MSW, and Dennis Sugrue, PhD
- Sexuality and Fertility after Cancer by Leslie Schover, PhD
- Sexy Ever After: Intimacy Post-Cancer by Keri Peterson, MD and Patty Brisben
- Man Cancer Sex by Anne Katz, R.N., PhD
- Woman Cancer Sex by Anne Katz, R.N., PhD