Spiritual Wellness:
Where to Learn More

Additional Resources

UCSF Spiritual Care Services
We are available to support all our patients regardless of beliefs and religious affiliation
Parnassus and Mount Zion: (415) 353-1941
Mission Bay: (415) 514-4200

Websites, publications articles on cancer survivorship and spirituality:

- [https://www.cancercare.org/](https://www.cancercare.org/)
- [https://www.cancercare.org/tagged/post-treatment_survivorship](https://www.cancercare.org/tagged/post-treatment_survivorship)
- [https://www.cancercare.org/publications/56-strengthening_the_spirit](https://www.cancercare.org/publications/56-strengthening_the_spirit)
- [https://www.cancercare.org/publications/253-coping_with_the_fear_of_recurrence](https://www.cancercare.org/publications/253-coping_with_the_fear_of_recurrence)
- [http://www.cancercenter.com/](http://www.cancercenter.com/)
- [https://www.mskcc.org/](https://www.mskcc.org/) (Memorial Sloan Kettering Cancer Center)
  - [https://www.mskcc.org/blog/guilt-lasting-side-effect-cancer-survivors](https://www.mskcc.org/blog/guilt-lasting-side-effect-cancer-survivors)
  - [https://www.mskcc.org/experience/living-beyond-cancer](https://www.mskcc.org/experience/living-beyond-cancer)

Books: