

**Patient Education Resources  
from UCSF Comprehensive Cancer Center**

**UCSF** Helen Diller Family  
Comprehensive  
Cancer Center

# End of Life & Bereavement

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at [www.cancer.ucsf.edu/crc](http://www.cancer.ucsf.edu/crc).

The **Cancer Support Center at Mission Bay** is located at 1825 4<sup>th</sup> St., 1<sup>st</sup> Floor, Room M-1210. The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1<sup>st</sup> Floor, Room B-101.

The complete list of **Patient Education Resource Pages** is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

The **Fishbon Library** connects patients and families with trusted health information. <https://fishbon.ucsfmedicalcenter.org>

## UCSF Resources

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### UCSF Symptom Management Service

In addition to providing clinical services for patients, the website contains many valuable online resources for anyone coping with advanced cancer, end of life or bereavement. <http://cancer.ucsf.edu/support/sms/>

### UCSF Health

- Advance Health Care Directives Kit: A guide to help you express your health care wishes  
[www.ucsfhealth.org/pdf/advance\\_health\\_care\\_directive.pdf](http://www.ucsfhealth.org/pdf/advance_health_care_directive.pdf)
- FAQs: End of Life Option Act at UCSF  
[www.ucsfhealth.org/education/end\\_of\\_life\\_option\\_act](http://www.ucsfhealth.org/education/end_of_life_option_act)
- Understanding Your Options at the End of Life  
[www.ucsfhealth.org/education/understand\\_your\\_options\\_at\\_the\\_end\\_of\\_life/index.html](http://www.ucsfhealth.org/education/understand_your_options_at_the_end_of_life/index.html)

**UCSF Cancer Support Center:** "Information for Loved Ones at the End of Life"  
<http://cancer.ucsf.edu/docs/crc/SDSOC0005EndOfLife.pdf>

## Publications

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### Hospice by the Bay: Resource Library

The Bay Area-based Hospice by the Bay produces several excellent patient education documents about end of life care. Topics range from emotional to practical concerns. <http://hospicebythebay.org/patients-families/resource-library>

**National Cancer Institute:** “Coping with Advanced Cancer”  
[www.cancer.gov/publications/patient-education/advanced-cancer](http://www.cancer.gov/publications/patient-education/advanced-cancer)

## Websites

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### **California Hospice and Palliative Care Association**

CHAPCA promotes and strengthens the delivery of palliative and hospice care for terminally ill patients and their families through education and advocacy. The website includes links to numerous resources, a search engine for hospices and end of life services, regulatory policies and legislative initiatives.

[www.calhospice.org](http://www.calhospice.org)

1-888-252-1010

### **CaringInfo**

CaringInfo is a service of the National Hospice and Palliative Care Organization. They provide information and support for people as they plan ahead, care for a loved one, live with a life-altering illness, or grieve a loss.

[www.caringinfo.org](http://www.caringinfo.org)

1-800-658-8898

### **Get Palliative Care**

Website content consists of articles and stories, videos, podcasts, webinars, news, education and resources related to palliative care.

<https://getpalliativecare.org>

### **Growth House**

Provides education about life-altering illness and end of life care; links to resources, blogs, and books about end-of-life care, palliative medicine, and hospice.

[www.growthhouse.org](http://www.growthhouse.org)

### **Hospice Foundation of America**

HFA provides end of life care resources of professionals, patients and families. The website contains a comprehensive array of information about hospice care, how to locate a hospice, and information about end of life and grief.

[www.hospicefoundation.org](http://www.hospicefoundation.org)

1-800-854-3402

### **Thru My Eyes**

Thru My Eyes is a non-profit offering to produce free “living” legacies for those with a life threatening illness in the form of a video message. The purpose is to give peace and comfort to participants knowing that they will be remembered by their loved ones.

Professional videographers and trained counselors are available at no cost.

[www.thrumyeyes.org](http://www.thrumyeyes.org)

1-914-725-1836

### **Willowgreen**

Willowgreen is an inspirational website offering video meditations, photo thoughts, and ecards. All offerings are geared toward support for life transition, illness, grief, and caregiving. Most offerings are for sale, and some are free.

[www.willowgreen.com](http://www.willowgreen.com)

1-260-490-2222