

Patient Education Resources from UCSF Comprehensive Cancer Center

UCSF Helen Diller Family
Comprehensive
Cancer Center

Young Adults (ages 15–39)

The **UCSF Patient and Family Cancer Support Center** is the hub of support, information and resources for people with cancer at the **Helen Diller Family Comprehensive Cancer Center**. Learn more about UCSF's supportive care programs at www.cancer.ucsf.edu/crc.

The **Cancer Support Center at Mission Bay** is located at 1825 4th St., 1st Floor, Room M-1210.
The **Cancer Support Center at Mt. Zion** is located at 1600 Divisadero St., 1st Floor, Room B-101.

The complete list of **Patient Education Resource Pages** is available to view at <http://cancer.ucsf.edu/support/crc/patient-education-resources>

The **Fishbon Library** connects patients and families with trusted health information.
<https://fishbon.ucsfmedicalcenter.org>

Publications

National Comprehensive Cancer Network: “NCCN Guidelines for Patients: Adolescents and Young Adults”

www.nccn.org/patients/guidelines/cancers.aspx#aya

The Ulman Cancer Fund for Young Adults: “No Way, It Can't Be: A Guidebook for Young Adults Facing Cancer”

<http://ulmanfund.org/publications>

Websites

DAM-CANCER Foundation

Named for David Andrew “Pooh” Maddan, DAM-CANCER provides financial assistance to young adults (ages 18–35) diagnosed with cancer.

www.dam-cancer.org

Lacuna Loft

Lacuna Loft provides online wellness support programs and resources, lifestyle encouragement, and peer support community that young adults need to overcome their challenging health and life circumstances, and thrive.

<https://lacunaloft.org>

The Sam Fund for Young Adult Survivors of Cancer

Offers direct financial support through grants and scholarships to young adults as they transition into their post-treatment lives.

www.thesamfund.org

1-617-938-3484

Stupid Cancer

Stupid Cancer is the largest support community for young adults with cancer. The website has forums and links to numerous resources, including support groups, retreats and financial assistance.

www.stupidcancer.org

The Ulman Cancer Fund for Young Adults

Provides resources such as patient navigation services, one-on-one support, online resources, videos, publications and a college scholarship program.

<http://ulmanfund.org>

1-410-964-0202

This information is intended to offer credible and reliable education resources for patients who want to learn more about their diagnosis. It is not intended to be a comprehensive list of all resources available. Please contact paul.asfour@ucsf.edu with updates or corrections.